



More police agents, parks in 2019

Next year, the Police Department will have more staff available to respond to calls, the Community Resources Department will start creating two new neighborhood parks and the Public Works Department will continue to update traffic signals.

The City Council recently approved the 2019 Annual Budget that includes hiring two additional police agents, with one assigned to the Traffic Team and one to the Community Action Team, which works on addressing homelessness and other challenges in the community. The Police Department will also add four community service officers who handle noncriminal and nonviolent calls, which allows sworn police agents to focus on handling emergency situations.

The budget will build trails, amenities and access for a new open space park, with the goal to open it to the public by 2020. The park will be at Wadsworth Boulevard and Morrison Road where the city bought nearly 60 acres of land known as the Taylor property this year for open space.

The budget will also pay to create neighborhood parks in the Applewood and Meadowlark neighborhoods. New fitness equipment will be purchased for the Green Mountain and Link recreation centers, and the deteriorated gym floor will be replaced at the Carmody

Recreation Center. The \$206 million annual budget is available for review at Lakewood.org/Budgets.

In addition to the annual budget, the City Council also adopted a separate budget for additional city funds made available with the approval of a November ballot question. Lakewood residents voted to lift the Taxpayer's Bill of Rights (TABOR) limits on the city's budget through 2025. TABOR is the state law that allows residents to decide whether to limit city revenues to a specific level each year or to lift the TABOR limits to let those funds already collected by the city be spent on services for residents. Lakewood voters were asked whether the city could keep TABOR funds to spend on additional city services such as open space purchases, transportation improvements and the police, and more than 60 percent of the voters approved lifting the TABOR limits on the city's budget.

With the voters' approval, Lakewood can use \$12.5 million that's currently in excess of the TABOR limits in the following ways: \$8.5 million for open space and parkland purchases; \$2 million for police protective gear, safety-related and other needed items; and \$2 million for

See 2019 page 7



Let it snow! Lakewood's winter outdoor recreation opportunities include snowshoeing and downhill and cross-country skiing trips for adults age 55 and up. Call the Clements Community Center at 303-987-4820 to learn more. Turn to page 4 for details on other winter activities.

See page 8
for
Holiday
Happenings!

PSRT STD
US POSTAGE
PAID
LONGMONT CO
PERMIT NO. 16

POSTAL PATRON

City celebrating 50th anniversary in 2019

Oh, how time flies! Get ready to celebrate 50 amazing years as a city. And while incorporation day is technically June 24, we're celebrating with the community all year in 2019.

Lakewood's 50th Anniversary celebration is a time to honor our community's unique history, diverse residents and those who laid the foundation for incorporation and paved the way for the city's sense of community, culture and inclusiveness.

To get residents excited and encourage participation in the yearlong celebration, we've launched the 50th Anniversary website. Visit Lakewood.org/50 to vote for the 50th Anniversary artist by Dec. 1; answer weekly brain-busting trivia questions; discover Lakewood's historic sites through a scavenger hunt; learn about Lakewood's history; read about the dazzling Pop-up Parties coming to a location near you; and more.

Residents also can look forward to the following activities in 2019:

- 50th themed performances at the Lakewood Cultural Center.
- The opening of a new, permanent Lakewood history exhibit at Lakewood Heritage Center.
- 50th related themes and giveaways at your favorite annual city events including Cider Days, Rockin' Block Party, Lakewood Lights and Big Boom Bash.
- New signs in selected city parks to include historical information.
- A new public art installation in Addenbrooke Park.
- The release of a book commemorating Lakewood's 50th anniversary available for purchase.
- History videos.

Residents can also join the celebration on Facebook, Twitter and Instagram using #Lakewood50.

Planning for Lakewood's 50th anniversary began during the spring of 2015, when the

Lakewood Advisory Commission made recommendations to City Council about this upcoming milestone. The commission consists of residents with a mission to support a vibrant and inclusive community by conducting research and providing recommendations to City Council on issues important to residents. Based on the commission's recommendations, City Council approved funding for celebrations with the community.



Letter from the mayor



Working hard on issues

What, wait, last column of the year? Wow, did 2018 move fast and what a year it has been! In my State of the City speech, I encouraged the community to be bold and you responded: City Council and Planning Commission digging into development, residents coming together to end hunger, the city making a historic open space purchase of the Taylor property and most recently, you the community overwhelmingly saying you want to reinvest our TABOR funds back into the community to ensure we will continue to have an exceptional city for years to come. To top it all off, council passed the 2019 budget unanimously, which will effectively fund the day-to-day operations while investing in new capital assets that will benefit the community.

I'm so proud of our city, its leadership and incredible residents for continuing to focus on important issues. City Council will continue to work on the

Development Dialogue, and the newly formed Housing Committee is beginning to map its mission and future. We will be looking at a proposed hotel/motel license to ensure that our residents, visitors and first responders are safe at these businesses. Council will also be looking to adopt an updated campaign finance ordinance to bring more transparency to the city's electoral process.

While council has the final vote, the most important part of the democratic process is your participation. All our meetings are open to the public, and we encourage you to attend. There are also other ways to participate, so please visit Lakewood.org for links to surveys, feedback forms and updates. After all what is a city but its people!

As we begin to look into 2019, we still have a lot of work to do; however, we will have a lot to celebrate. Next year will be our remarkable city's 50th anniversary, and throughout the year we will be celebrating, commemorating and learning about our history that has made Lakewood what it is today. Let's continue to be bold and work together for another 50 years.

I want to share with you a couple of other important actions that I consider bold. Our Police

Department created a new team called the Community Action Team. This bold group of agents is working with those who are most vulnerable in our city. They interact with our homeless on a daily basis, working diligently to try to get folks back on their feet. In the short time the team has existed, the agents have done incredible things, some that I'd like to highlight. They recently helped get ID's for two men and then assisted in finding them employment, thus beginning the steps for them to become self-sufficient. The agents helped connect a chronically homeless resident with his family in Wyoming, thus leading him to get off the streets. They encountered a father and daughter traveling through Colorado via bus who were robbed and left with nothing. The agents took the initiative to understand their situation and, through a nonprofit, were able to help them get home to Washington. I'm so proud of our police agents as they not only protect but serve with great creativity to find resolutions to some of the most challenging problems we face as a community.

In my speech, I also challenged each resident to find something to fix or change in our city. For me, I wanted to address hunger. Knowing that we live in a community where

not all residents are blessed with having the basic necessities of life, I know we can and must do better. I realized there are a lot of individuals, organizations, nonprofits, churches, businesses and schools that share this same concern and are working to address these issues. All have come together to form the Coalition for Ending Hunger in Lakewood, a food resource provider network. This amazing coalition is working hard to make sure no one in Lakewood goes without food, and I will continue to update you on the coalition's progress.

As we look back, I am grateful to have served as your mayor for another year. What an incredible city! Are we perfect? No, but we are a city that is engaged and willing to roll up our sleeves and say together we can and will do better. I wish you and your families a blessed holiday season. Please take time to enjoy the little things, the things that make you smile, the things that really matter. If you are able, please help a friend or neighbor in need. After all, you are what make a great city!

Adam Paul
303-987-7040
APaul@Lakewood.org

Council Corner

'Tis the season to gather with friends and family to celebrate the best in all of us, and City Council wishes you peace, goodwill and joy.



Mayor Adam Paul
Ramey Johnson & Charley Able, Ward 1
Jacob LaBure & Sharon Vincent, Ward 2
Pete Roybal & Mike Bieda, Ward 3
David Skilling & Barb Franks, Ward 4
Karen Harrison & Dana Gutwein, Ward 5



City Manager
Kathy Hodgson

Looking@Lakewood is a newsletter published by the City of Lakewood, 480 S. Allison Parkway, Lakewood, CO 80226.

It is distributed to all households and businesses in the city. Alternative formats of this publication are available upon request.

Editor Stacie Oulton, 303-987-7050
Designer Kimberly Palmer

Lakewood.org



What is the 'gig economy' and why is it important?

In many ways the nature of work is changing. A generation ago, workers might be employed by one company in jobs they kept for decades. Today, many workers make a solid living by working several short-term jobs, perhaps even working for three or four employers at one time. This way of working is often referred to as the "gig economy," which fosters an environment where temporary positions are common and organizations contract with independent workers for short-term engagements. A study by Intuit predicted that four of 10 American workers will be independent contractors by 2020.

A number of forces give rise to the gig economy. One factor is increasingly mobile workers fostered by technology available in this digital age. With the backing of the internet, Wi-Fi networks and portable computing devices, work can be done from anywhere, which means jobs and a specific work location are decoupled. Another force behind the gig economy is people shaping their work to conform to their lifestyle rather than the other way around. Freelancers can select among several lucrative, even if temporary, jobs anywhere in the world. They might also live in a town where the cost of living is low and contribute their work product to a place where compensation is relatively high.

In Lakewood, many workers use the gig economy to support



their love of outdoor activities and mountain sports. Miranda, who participates locally in the gig economy, likes the flexibility to choose projects that are really meaningful to her and the ability to take whatever day off she wants. She also feels like she gets more respect from clients as a freelancer because they come specifically to her based on the trust they have in her services and expertise. But it can be "feast or famine" with job assignments, leaving her income unpredictable. Freelancers also have to figure out self-employment taxes and their own health care.

A recent Gallup poll found that more than a third (36 percent) of U.S. workers are already part of the gig economy, accounting for 57 million people making their livings outside the traditional employment relationship. People engage in the gig economy for a variety of reasons including to supplement their income from a traditional job. Others do it to pay for vacations,

weddings or first-time home purchases. Dave, a local Uber driver, said he got into driving for the company to learn different areas of the metro area and to meet new people. Once he found full-time traditional employment, he continued driving part time because he really enjoyed the work. Participants in the gig economy often say it provides income when they are in between full-time employment and are exploring new opportunities, and freelancers say they improve work-life balance over what is possible in most traditional jobs. For a growing number of workers, gigging is not only a living but also a way of life.

The advantages of the gig economy to traditional businesses seem clear. Companies save money on not having to pay for benefits, office space and training. They also gain the ability to contract with experts for specific projects who might be too high priced to maintain on permanent staff. Employers can also select the best individuals for a specific project from a larger pool of workers than those immediately available in a given geographic area. Forty-three percent of companies using gig workers are saving at least 20 percent just in labor costs alone, according to a recent Forbes article.

Internet-based businesses such as TaskRabbit, Uber, Lyft and Thumbtack have developed an original business model based on workers and employers voluntarily finding each other only at those times when the demand for work

is at hand. This model has spread to businesses providing deliveries, housework, pet care and several other industries.

There is little doubt that the economy is evolving with the rise of the gig economy, and companies in a variety of fields will continue to explore using this kind of workforce. Businesses that embrace the independent workforce have much to gain. There are highly qualified workers who are ready and willing to be deployed to accomplish clearly defined outcomes. This, in turn, creates both time and cost efficiencies that translate into bottom line profits for companies. For smaller businesses that might have smaller budgets, hiring freelance gig economy workers allows for select strategic investments on a fixed cost basis. This allows businesses to grow while maintaining control over a set budget. However, even as local economies are bolstered by freelancers and independent workers, traditional employment is likely to be typical for many employees and businesses into the foreseeable future.



**Lakewood's
Economic Development Team**
303-987-7730
ED@Lakewood.org



Listed below are openings and milestones of Lakewood businesses.

Essentials of Lakewood
3234 S. Wadsworth Blvd., Suite A
303-955-4882
SpaLakewoodCo.com

The Faceshop
720-255-2422
International.TheFaceshop.com

Goodwill
1450 S. Wadsworth Blvd.
303-987-3678
GoodwillDenver.org

Karate Do Kan
9797 W. Colfax Ave., Suite 3UU
720-710-8708
KarateDoKan.com

OsteoStrong
459 S. Vance St.
303-835-7000
OsteoStrong.me

Physicians Weight Loss
7700 W. Virginia Ave., Suite C
720-496-1100
PWLC.com

MILESTONES

Jackie O'Beirne, DDS
20-year anniversary
608 Garrison St., Suite Q
303-985-4415
SmilesByDrJackie.com



Keep track of developments at
Lakewood.org/Development-Highlights-Map

To submit a listing, visit Lakewood.org/GrandOpenings.

A

R

T

S

&

P

A

R

K

S

ACTIVE	ARTS & HISTORY	OUTDOORS
REGISTRATION OPENS Dec. 6 Registration opens at 10 a.m. for Arts, Parks & Recreation classes and leagues offered January through May 2019. Lakewood.org/CommunityConnection Summer camp registration opens Feb. 14.	HISTORICAL EVENING SERIES: SOMETHING BREWING Jan. 8 Lakewood Heritage Center Learn about the history of craft brewing in Colorado while sipping tasters from local brewers. Register: Lakewood.org/Luncheons	NATURE HIKES Dec. 1 & Jan. 5 Lakewood Parks Learn about the flora, fauna and history of the area on a guided hike with a park naturalist. Register: Lakewood.org/BCLPEvents
SENIOR FITNESS ORIENTATION Jan. 9, 10 & 11 Lakewood Recreation Centers Free! Orientation for senior recreation members in SilverSneakers, Senior All Access or Silver&Fit programs. Call 303-987-4807 to learn more. Lakewood.org/Register Activity #122110	AUDITIONS: NIGHT OF THE STARS TALENT SHOW Jan. 17 & 19 Lakewood Cultural Center Got talent? Auditions in music, variety and voice categories for kids in grades K-12. Lakewood.org/TalentShow	BEAR CUBS: FLUFF, FAT & FUZZ Dec. 6 Bear Creek Lake Park Keep toasty during this program as tots ages 3 to 5 learn all about how wildlife stays warm in the winter. Register: Lakewood.org/BCLPEvents
DENVER NUGGETS SKILLS CHALLENGE Jan. 27 Charles Whitlock Recreation Center Free! Kids ages 6 to 13 compete in dribbling, passing and shooting with the chance to advance to sectional and state final events. Lakewood.org/YouthSports Activity #154904-01	AUDITIONS: THE SNOW QUEEN Jan. 21 Lakewood Cultural Center Kids in grades K-12 can audition to be in a production co-presented by Missoula Children's Theatre. Lakewood.org/MCTAuditions	ADULT NATURE EXPLORERS: FROZEN FUN Dec. 13 Bear Creek Lake Park Join us to learn about winter recreation activities. Register: Lakewood.org/BCLPEvents
MILITARY DISCOUNT New! Twenty percent off personal training packages for active and retired military when military ID is presented at time of purchase. Lakewood.org/PersonalTraining	GUIDED MUSEUM TOURS Lakewood Heritage Center Enjoy an hourlong tour of Belmar Park and the museum's historic structures. Call 303-987-7850 for the tour schedule. Lakewood.org/HeritageCenter	GUIDED NIGHT HIKES: WINTER SOLSTICE & WOLF FULL MOON Dec. 21 & Jan. 20 Bear Creek Lake Park Leave your flashlights at home for these unique hiking adventure. Register: Lakewood.org/BCLPEvents

Let it snow! Winter Outdoor Activity Guide



Ice Fishing

When conditions are right, grab your gear and ice fish at Bear Creek Lake Park, 15600 Morrison Road. Check ice depth by calling 303-697-6159 or follow the park on Facebook.com/BearCreekLakePark for updates, but fish at your own risk. Fishing license and park pass are required.

Ice Fishing 101 on Jan. 26

Learn from Colorado Parks and Wildlife and other great guest speakers in a one-hour class at 8 a.m. Then put your new skills to the test and ice fish at Bear Creek Lake Park. If you've ice fished before but want more guidance from our guides, you are welcome to attend the fishing portion of the course beginning at 9 a.m. Open to all ages, but fishing license is required. Registration is \$5 and opens Dec. 6 at [Lakewood.org/BCLPEvents](#). Use activity #159936-01.


Snowshoeing

After a big snowfall in Lakewood, grab your snowshoes and head to Bear Creek Lake Park and Greenbelt or Addenbrooke, Belmar and O'Kane parks to cover the most terrain.

Cozy Winter Cabins

Rent a heated cabin at Bear Creek Lake Park! Each of the three cabins at Indian Paintbrush Campground sleep up to six people on bunk beds and have electricity, a picnic table and fire ring. Cabins are pet friendly. Up to two dogs are permitted with a \$10 nonrefundable fee. Make reservations (\$55 per cabin/per night) by calling the visitor center at 303-697-6159. For more information visit [Lakewood.org/Camping](#).

Learn about other winter activities at [Lakewood.org/WinterRec](#).



Bear Creek Lake Park 2019 annual passes go on sale Dec. 1 at [Lakewood.org/BCLP](#)

Snow plan keeps traffic moving

Keeping the streets drivable during the winter months tops the city's priorities for services to residents. Lakewood's long-standing snowstorm plan focuses on ensuring that traffic continues to flow on major streets, with the mission to provide a transportation system that's as safe as possible for the conditions.

During the winter, snowplowing operations can begin even before the snow starts to fall. In certain conditions, crews apply a liquid anti-icing material, which is magnesium chloride, to some arterial streets such as Union Boulevard to prevent snow from bonding to the pavement, making plowing more effective.

As soon as any measurable snow begins to accumulate on the pavement, crews plow the 160 miles of Priority 1 streets and remain on these routes until snow accumulation has slowed, streets have been cleared as much as possible and deicing material has been applied where necessary. Once snow accumulates, a solid deicing product known as Ice Slicer is applied to Priority 1 streets to melt the snow and provide traction. These streets include Lakewood's major arterial and collector streets such as West Alameda and West Jewell avenues and Bear Creek Boulevard. The city's first responsibility is to plow and maintain these streets because they carry the most traffic and must be maintained to handle emergency vehicles and to keep traffic congestion to a minimum.

During severe snowstorms and blizzards when snow can fall by the inches each hour and wind quickly blows snow into drifts, the city's fleet of 27 snowplows must plow

and replot Priority 1 streets to ensure they are open. Crews only move to the Priority 2 and 3 streets after Priority 1 streets receive sufficient maintenance. Priority 2 and 3 streets are 126 miles of minor collector streets, hilly areas and school and shopping areas, which can also be treated with a sand-salt mixture for melting and traction.

A map of the priority routes is available at Lakewood.org/maps or by phone at 303-987-7900. For details about the city's snow and ice removal plan, visit Lakewood.org/SnowPlan.

Residential streets

Lakewood's 243 miles of residential streets are not part of the priority routes, and they are plowed only when snow depths are seriously impeding vehicle mobility and melting is not forecast to occur quickly. Because of the additional cost of plowing residential streets — about \$80,000 for each snowstorm — the city considers the conditions and weather forecast before deciding whether to plow residential streets.

When residential streets are plowed, a snowplow will attempt to make two passes on a street, and snow will be plowed to each side of the street. This creates snow "windrows" across driveways that residents are responsible for clearing. The biggest obstacle preventing completion of two passes on a street is vehicles parked on the street. When cul-de-sacs are plowed, crews will plow one pass to the cul-de-sac bulb, turn around with the plow in the up position and make one pass out with the



plow down. Plows are too large to plow around the curve of the cul-de-sac or up and down dead-end streets.

Several of the major roads in Lakewood are state highways, and the Colorado Department of Transportation plows these roadways, which include West Sixth Avenue, West Colfax Avenue, C-470, Morrison Road, Interstate 70, Hampden Avenue, Kipling Parkway and Wadsworth and Sheridan boulevards.

When major snowstorms hit the city, Lakewood posts a winter storm page on Lakewood.org where residents can report concerns about unplowed streets online or call 303-987-7950. Because of the volume of calls, the phone number only takes messages, and calls are not returned.

Information on city closures, snow removal operations and other items is available at Lakewood.org, on Lakewood8 cable channels 8 and 880 or Lakewood.org/Live8, at @LakewoodColo on Twitter and Facebook.com/LakewoodGov.

Sidewalks

After significant snowstorms and

blizzards, it often takes everyone working together to dig out, and residents are encouraged to check on elderly or disabled neighbors to help shovel their sidewalks and driveways. If you are able to provide snow shoveling assistance to individuals in your area, the city encourages you to organize an effort to assist your neighbors who may need help.

Sidewalks and business driveways must be cleared within 24 hours after the end of a storm. Sidewalks left unshoveled create icy conditions that are hazardous to pedestrians, children walking to school and those in wheelchairs. Residents with concerns about sidewalks that aren't shoveled after a storm can call 303-987-7975 or report them online at Lakewood.org/RequestLakewood.

Snow should be shoveled onto your property, not into the street, sidewalk, bikeway or against any fire hydrant or official traffic control device. It's against the law to shovel snow into the street, but more importantly, doing so can create hazardous conditions of icy buildup in the street.



City BRIEFS

Lakewood8 available on Apple TV and Roku devices

The city's Lakewood8 channel has a variety of videos to keep you informed and to give you an inside look at the city. Watching these videos is even easier now with Cablecast Screenweave. By downloading this app on your Apple TV or Roku device and searching for Lakewood8, you can watch the city's videos and live streams, which provide everything from council meetings and "City Scene" news and information to videos about Lakewood's history. Lakewood8

programs are also available on Comcast channel 8, in HD on 880 and at Lakewood.org/Lakewood8.

Passports

The City Clerk's Office serves as an efficient processing facility for passport applications whether it's to apply for a new passport or renew an existing one. Located conveniently on the first floor of the Lakewood Civic Center, the Clerk's Office provides passport services by appointment from 8:30 a.m. to 4:30 p.m., Monday through Friday. To schedule an appointment, please call

303-987-7085 and visit Lakewood.org/Passports for more information.

Holiday lights recycling

Recycle your old, broken and unused strings of lights during Lakewood's annual holiday recycling event, which is available from 7 a.m. to 5 p.m. through Jan. 20 at the Quail Street Recycling Center, 1068 Quail St. All types of strings of lights are accepted, but all ornamentation must be removed. Learn more at Lakewood.org/Recycling.

Nonemergency help available at new number

If you need help from the police, but your life or safety isn't in danger, please call 303-980-7300, which is the nonemergency phone number for the Jeffcom Communications Center. Jeffcom is the consolidated dispatching center for police and fire agencies serving Lakewood and dozens of other communities in Jefferson County. It's important for residents to learn Jeffcom's nonemergency number, but in cases of emergency, residents should still call or text 911.

Get Involved

Know Your Ward and City Council Members

Lakewood.org/CityCouncil

Ward 1



Ramey Johnson
303-232-1567
RJohnson@Lakewood.org



Charley Able
303-233-7275
CAble@Lakewood.org



Mayor Adam Paul
303-987-7040
APaul@Lakewood.org

Ward 2



Jacob LaBure
720-515-7685
JLaBure@Lakewood.org



Sharon Vincent
720-979-1449
SVincent@Lakewood.org

Ward 4



David Skilling
303-987-7748
DSkilling@Lakewood.org



Barb Franks
720-515-6501
BFranks@Lakewood.org

Ward 3



Mike Bieda
303-987-7740
MBieda@Lakewood.org



Pete Roybal
720-432-7554
PRoybal@Lakewood.org

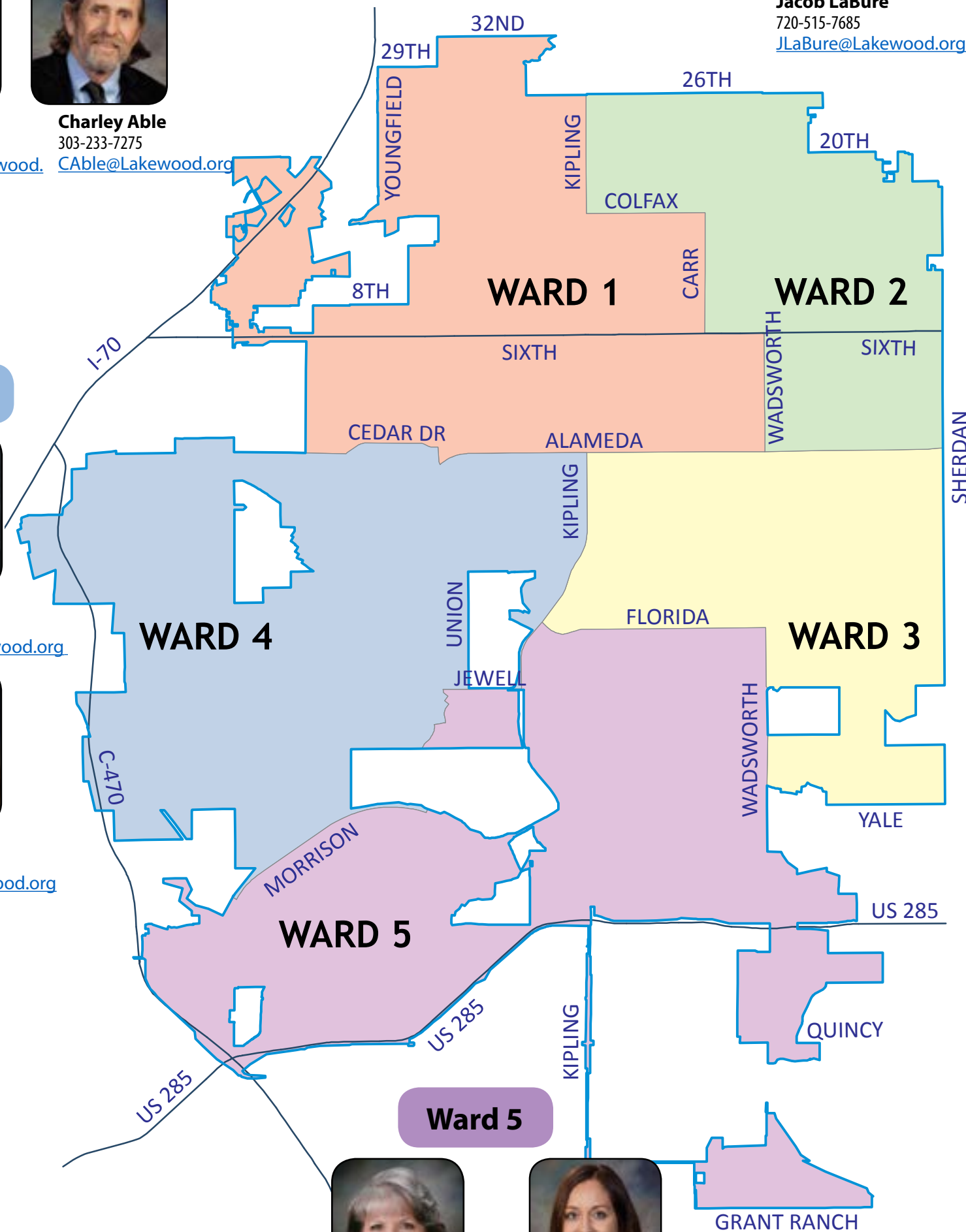
Ward 5



Karen Harrison
303-987-7767
KHarrison@Lakewood.org



Dana Gutwein
303-987-7040
DGutwein@Lakewood.org





Improvements completed across the city



Lakewood strives to make the roads safer, the park and trail system more enjoyable and the city less prone to flooding. This important work can often go unnoticed, particularly when it involves drainages and pipes under roadways. Below is the latest roundup of projects that have been completed to improve Lakewood's quality of life.

Funding for each of the projects can come from a variety of sources, and it can involve Lakewood's Capital Improvement Fund, which receives ½ cent of the city's 3 cents sales tax.

Funding can also include county, state and federal funds or grants, or projects can be funded from a source that must be used for a specific purpose such as the stormwater utility service charge, which pays for improvements to address flooding issues.

Public Works projects

- Completed sidewalk on the north side of West First Avenue from Newland to Harlan streets and upgraded the traffic signal at Harlan.
- Added lighting and landscaping along Pierce Street north of West Colfax Avenue to complement a previously built sidewalk segment.
- Added sidewalk on Robb Street north of West 18th Avenue.
- Installed a roundabout at Grant Ranch Boulevard and Crestline Avenue to transition traffic from a commercial area to a neighborhood area.
- Participated financially in the widening of Wadsworth Boulevard from Highland Drive to West 10th Avenue by having shared-use paths included on the east and west sides of Wadsworth.

- Upgraded a traffic signal at West 20th Avenue and Pierce Street.
- Updated the Bicycle System Master Plan with proposals for additional bicycle lanes and paths; improvements to sign for routes; increases in education for children, bicyclists and motorists; and the collection of digital data to learn where the system is getting used.
- Completed Union Area Transportation Study to assess proposed improvements.
- Installed drainage improvements at West 17th Place and Lee Street, and in Nelson Street south of West 20th Avenue.
- Replaced drainage pipes at West 16th Avenue and Hoyt Street; at West 10th Avenue and Teller Street; and west of Union Boulevard near West Fourth Avenue.

Community Resources projects

- Renovated Lasley Park at 6677 W. Florida Ave. based on the community's vision for the park.
- Replaced the amphitheater roof at the Lakewood Heritage Center.
- Improved medians on Wadsworth from West Florida to

West Bails avenues; from West Evans Avenue to Woodard Drive; and along West Jewell Avenue.

- Replaced park paths in O'Kane and Belmar parks, with Addenbrooke paths to be completed this winter, bringing the total of updated paths to two miles this year.
- Completed Dry Gulch Trail from West 10th to West 11th avenues and from Gray to Depew streets.
- Renovated tennis courts at South Simms and Daniels parks.
- Installed Bigbelly smart waste systems.
- Hosted the first Big Boom Bash fireworks event.
- Added paths to Sutherland Shire and Hodgson parks as part of the Neighborhood Participation Program.
- Expanded the parking lot at Forsberg Park, the off-leash dog park.
- Renovated the restrooms at the Clements Community Center.
- Replaced the locker room benches at the Whitlock Recreation Center.
- Upgraded the lighting in the Carmody Pool.
- Installed energy efficient projects at four city facilities.

PARTNER NEWS

News from our partners in government

CPR device helps firefighters save lives

Ted Amidon was enjoying a camping trip with a scout troop in Bear Creek Lake Park during a weekend earlier this year when he filled his plate from the grill and headed for the picnic table to sit down. In the few steps from the grill to the table, he suddenly dropped to the ground. Other parents rushed to his side and found he was unconscious and not breathing. A parent called 911, and Ted's wife, Kirsten, started CPR.

"He just dropped. We thought he had tripped," Kirsten said. "The parent next to me said he thought Ted had a pulse, and I remember thinking, 'What do you mean you think he has a pulse?' He looked like he had passed."

Ted had lost all his color, and the Jeffcom emergency dispatcher counted out compressions for Kirsten as she performed CPR and reassured her that help was on the way. In fact, the kind of help that arrived included

an innovation that allows West Metro firefighters and paramedics to administer more lifesaving treatments than they could before.

West Metro has added several LUCAS devices to district ambulances this year, and the devices take over CPR compressions from first responders. This allows paramedics and emergency medical technicians to administer other lifesaving treatments at the same time. The device automatically calibrates the depth of compressions for each individual patient and delivers those compressions continuously, even while the patient is being moved onto a gurney, into an ambulance and to the hospital.

"Kirsten gave Ted a huge chance, and then the LUCAS device helped ensure that we were giving consistent high-quality CPR," said Brian Holcomb, West Metro firefighter/paramedic. "That was



certainly one of many important pieces that helped Ted survive."

The West Metro crew and the LUCAS device got Ted's heart beating again. On the ride to the emergency room, Ted was even able to talk with his rescuers. After treatment in the heart catheterization lab, he walked out of the hospital after a short stay.

"What do you say but thank you," said Ted. "I was glad to get

another chance and glad that we have these resources."

Since May when Ted collapsed, three other West Metro patients have survived cardiac arrest, thanks in part to the LUCAS device. The fire district currently has seven of the devices and is looking at funding to put the LUCAS devices on all West Metro ambulances.

2019 from page 1

infrastructure and transportation improvements. Work is already underway to purchase police safety equipment and to install transportation improvements, but discussions will continue on November 2018 • Looking@Lakewood • 7

parkland acquisitions. Review the list of police and transportation items at LakewoodTogether.org/LakewoodFunding.

After this year and until Dec. 31, 2025, any money collected in

excess of the TABOR limits will be spent in the following ways: one-third for open space and parkland purchases, improvements or maintenance; one-third on safety equipment, other assets or police

agents; one-third on transportation improvements to address high-priority safety concerns or for new and upgraded sidewalks, paths, streetlights or path lighting where needed for safety.

H*oliday Happenings



Lakewood Lights

Free event filled with family-friendly activities.

- Photos with Santa
- Mayor's Tree Lighting Ceremony (Friday only)
- Tractor Pulled Hay Wagon Rides
- Dreidel & Gelt
- Roasted Chestnuts & Hot Chocolate
- Ornament Making
- Museum Buildings Open

5:30-8:30 p.m., Nov. 30 & Dec. 1
Lakewood Heritage Center
801 S. Yarrow St.

Lakewood.org/HolidayLights

Free Exhibit: Holiday Show

Local artists display their works.

Dec. 1-31

Lakewood Cultural Center

470 S. Allison Parkway

Lakewood.org/Exhibits

Caring Santa

Register for this event for special needs children.

9-10:30 a.m., Dec. 2

Colorado Mills

14500 W. Colfax Ave.

Simon.com/Mall/colorado-mills/news-and-events

The Rink at Belmar

Belmar kicks off its 14th season of ice skating at the coolest place in town.

Now through Jan. 27

The Rink at Belmar

South Teller Street

BelmarColorado.com/events

Washington Heights

Annual Art & Pottery Sale

Unique pottery, art, jewelry and gifts made by Lakewood-area artists.

10 a.m.-4 p.m., Dec. 8

Washington Heights Arts Center

6375 W. First Ave.

Lakewood.org/WashingtonHeights

Pet photos with Santa

A purr-fect afternoon reserved for four-legged family members.

11:30 am-1:30 p.m., Dec. 9

464 S. Teller St. in Belmar

BelmarColorado.com/events



Pet photos with Santa

Bring your furry friend for photos with Santa.

6-7:30 p.m., Dec. 9

Colorado Mills

14500 W. Colfax Ave.

Simon.com/Mall/colorado-mills/news-and-events

Winter Solstice Celebration

Celebrate the first day of winter with a night hike and gathering around the campfire.

6-8 p.m., Dec. 21

Register by Dec. 16

Bear Creek Lake Park

15600 W. Morrison Road

Lakewood.org/BCLPevents



LCC Presents Timothy P. & the Rocky Mountain Stocking Stuffers

Holiday favorites with a twist, performed by some of the region's finest Western, bluegrass and folk musicians.

7:30 p.m., Nov. 30

2 p.m. & 7:30 p.m. Dec. 1

2 p.m., Dec. 2

Lakewood.org/LCCPresents

Hot meal deal and free lunchtime transportation for older adults



There's nothing like a great lunch with friends, a free ride and entertainment. That's what the

Clements Community Center provides through its older adult nutrition program in partnership with Volunteers of America. For a \$2.50 suggested contribution per meal, adults age 60 and older can enjoy a hot lunch at noon every Monday through Thursday and the first Friday of each month at Clements Community Center, 1580 Yarrow St.

Reserve your meal two business days in advance by calling 303-

987-4833 before 11 a.m. No one age 60 and older is denied service because of an inability to make a contribution. Those under 60 years old are invited to reserve a meal for \$8.50. For more information, visit Lakewood.org/NutritionProgram.

In conjunction with the dining program, the center offers midday entertainment such as bingo, movies and live music in the dining hall on select dates. Health activities are also available that

include blood pressure screenings and SilverSneakers® fitness programs.

Need a ride? Lakewood Rides offers residents age 60 and older free, assisted door-through-door lunchtime transportation to the center's dining room. Register with Lakewood Rides by calling 303-987-4826 or visiting Lakewood.org/LakewoodRides. Please make a ride request for lunch transportation 24 hours in advance.

TURN YOUR DREAM
INTO A PLAN

Follow your dream today! Spring registration is now open.
Classes begin January 22, 2019. www.rrcc.edu/get-started

