

# Lakewood CERT

## Community Emergency Response Team

### Training

#### WHAT WOULD YOU DO IF AN EMERGENCY OR DISASTER HIT CLOSE TO HOME OR WORK?

**What:** Community Emergency Response Training (FEMA Course IS-317) teaches participants how to plan for an emergency and trains them in basic disaster response skills, including fire safety, light search and rescue, team organization, and emergency/disaster medical operations, disaster psychology and terrorism awareness.

**Why:** The purpose of this training is to prepare individuals to be able to help themselves and their neighbors in a situation where first responders are not immediately available during a large-scale emergency/disaster. The training also helps to reduce the impact of disasters by teaching participants to recognize danger signs and promotes greater safety awareness.

**Who:** This training is open to all individuals age 16 and over. Those who successfully complete the free course will be invited to participate with the Lakewood CERT program that will include ongoing training and Lakewood CERT Team participation. Individuals who have taken a CERT class in the past are welcome to attend so as to refresh their training.



#### **When in 2026:**

This three-part course will be held on the following dates:

- Saturday, February 21st, 8:00 a.m. - 5:00 p.m.
- Saturday, February 28th, 8:00 a.m. - 5:00 p.m.
- Saturday, March 7th, 8:00 a.m. - 5:00 p.m.

**You must attend all class sessions (3 days) in order to complete the course and receive a certificate.**

**Where:** Classes will be held at Green Mountain Recreation Center, 13198 W Green Mtn. Dr, Lakewood, Colorado 80226.

**How much:** The training is provided at NO COST to participants.

**Sponsored by:** City of Lakewood Office of Emergency Management.

**To register or for more information:** Register at [Lakewood.org](http://Lakewood.org), search for CERT. You can contact Rich Poulter, Lakewood CERT Program Manager, at [rpoulter81.cert@gmail.com](mailto:rpoulter81.cert@gmail.com) or 720-323-8788 for additional information.