

# City of Lakewood

# SUSTAINABILITY AWARDS

## 2018

### COMMUNITY SUSTAINABILITY AWARD

## Cycling Without Age

### Eaton Senior Communities & Lakewood Bicycle Advisory Team



Generosity, storytelling, relationships, and cycling – these four principles guide the Cycling Without Age program recently brought to Lakewood by Eaton Senior Communities and the Lakewood Bicycle Advisory Team (LBAT). The program offers trishaw rides to seniors through the pedal power of volunteer cyclists or “pilots.” The trishaws have a comfortable two-seat chair on the front of the bicycle, allowing for riders to enjoy a smooth, slow ride in the outdoors while sharing conversation and stories with the pilot.

Launching the program required fundraising, time, and volunteer coordination led by Gary Harty, founder of LBAT. Since October 2017, more than 109 rides have been given to riders up to 101 years old! The determination of the program leaders prompted the City of Lakewood to purchase an additional trishaw, and the program continues to grow with trishaw purchases by other local senior communities and neighboring cities. Cycling Without Age is a great example of how local businesses and community advocates can partner to create a truly remarkable program.



### Achievement Areas

- Community Cohesion & Public Health
- Sustainable Transportation

