



# Live the Life!

January-March 2016  
Programs & Services

**For Anyone Age 55 and Better!**  
*Programs so engaging, you'll  
want to lie about your age!*

**Live the Life!** is the magazine of the Lloyd G. Clements Community Center, City of Lakewood. It is distributed free of charge throughout the community. All rights reserved, including the right to reproduce in whole or in part.

Editors: **Roxy Johnson & Catherine Foy**  
Printing & Design: **Signature Offset**  
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The older adult programs available through the Clements Center offer a wide variety of activities and services that emphasize social, mental and physical wellness, all in an attractive, healthy and enjoyable environment.

**Register for classes and programs:**

By phone: **303.987.4820**

TTY: **303.987.4840**

By fax: **303.987.4841**

By email: [Clements@Lakewood.org](mailto:Clements@Lakewood.org)

Online: [Lakewood.org/OlderAdults](http://Lakewood.org/OlderAdults)

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The Clements Center, its services, classes, activities, meal site and Lakewood Rides will be closed on the following days:

**Friday, January 1,**

**New Year's Day**

**Monday, January 18**

**Martin Luther King Day**

**Monday, February 15**

**Presidents Day**





## LOCATION AND HOURS

**8 a.m.-5 p.m., Monday-Friday**

**1580 Yarrow St., Lakewood, CO 80214**

303.987.4820 | [Lakewood.org/OlderAdults](http://Lakewood.org/OlderAdults)

			W. 17th Ave.
	W. 17th Ave.	Yarrow St. 	Wadsworth Blvd.
W. 16th Ave.			
	W. 16th Ave.		
			W. Colfax Ave.
		Zephyr St.	
W. 14th Ave.			

## STAFF

### **Older Adult Staff**

**Dawn Sluder**, Older Adult and Transportation Supervisor

**Roxy Johnson**, Class and Travel Coordinator

**David Appel**, Senior Services Specialist

**Jayne Willis**, Business Support Specialist

**Lynnette Schear**, Business Support Specialist

**Jean Engstrom**, Older Adult Nutrition Coordinator

**Michael Maestas**, Facility Coordinator

**Jonathan Armenta**, Assistant Facility Specialist

### **Transportation Staff**

**Mark Poirer**, Transportation Services Coordinator

**Kim Manfrin**, Dispatcher

**Maria Vergano**, Business Support Specialist