Looking@Lakewood

Lakewood's Sustainable Neighborhoods Program accepting applications



The residents who are part of Lakewood's Sustainable Neighborhoods Program have created dozens of initiatives such as community gardens, bee- and chicken-keeping workshops, paint recycling events, a car-sharing program and zero-waste potluck suppers to name a few. Along the way to building sustainability, they also have woven stronger

connections among neighbors and built a deeper sense of community.

"Since starting the Sustainable Applewood program, we've been able to meet new neighbors and accomplish several projects, which directly improve the quality of life for our neighborhood. It reminds us about how much is possible when enough people all partake," said John Claus with Sustainable Applewood. "We also love how family-friendly this has been. Our son is growing up attending these meetings and our events, learning firsthand about how important it is to be a part of the change we want to see in the world."

Now, your neighborhood can apply to become part of this innovative initiative. The program will add two new neighborhoods during an application process to begin next year. To learn more about

See **SUSTAINABLE** pg. 7



Cultural Center for the 16th season, Dec. 6-8. Turn to page 8 for more information on this performance, other events and holiday giving.

Police tips for staying safe during the holidays

The holiday season is always a special time of year.
Unfortunately, with the good will, cheer and jolliness can also come an increase in crimes of opportunity. These crimes occur when a perpetrator sees an easy opportunity and takes advantage of it. Fortunately, you can do something about this. Follow these tips from the Lakewood Police Department to help make sure you're not a victim of one of these crimes.

PRSRT STD
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POSTAL PATRON

AT HOME

- Purchase additional locks for all doors and windows and make sure they are locked.
- Ensure that dark areas and entrances have outdoor lights that are turned on after dark or are activated by sensors.
- Install security cameras.
- Have packages delivered to your workplace if possible.
- Request a mail hold when you're out of town.
- Sign up for tracking alerts on all online orders.
- Purchase a device known as a smart lock that uses a camera to monitor your front porch if you won't be home when packages are delivered.

WHILE OUT AND ABOUT

- Always make sure all car doors are locked and secured.
- Never leave gifts, purses, wallets or anything else of value openly visible in your car. Use the trunk as much as possible.
- Pick your parking spot wisely.
 Look for a well-lit area. If you
 own a small car, try not to park
 next to a large vehicle, which
 can block your vision or another
 person's view of you while you are
 entering or exiting your vehicle.

- Shop during daylight hours if possible and shop with friends. Safety in numbers!
- Never leave your car running.
 Even if you're just running into a store or gas station, it takes just a few seconds for a thief to steal your car.
- Do not exit your car if you see a suspicious situation. If you are in doubt, or are approached, drive away.

AT HOLIDAY EVENTS

- Always have a designated driver.
- Never leave your drink unattended.
- Control your alcohol intake.
 Inebriated people are often the easiest to victimize.
- Never hesitate to call a cab or use a ride-sharing service.

IN ALL SETTINGS

- Always be aware of your surroundings. Chances are if something doesn't look right, it's probably not.
- If you see something, say something. For emergencies, always call 911. For a nonemergency, you can call to speak to a dispatcher at 303-980-7300

Don't let the stress that can come with the holidays get the best of your holiday spirit. Make time to get together with family, friends and neighbors. And think about reaching out in the spirit of the season to help someone who's less fortunate or lonely.

Stay safe and Happy Holidays from the Lakewood Police Department!



Want the latest from the Lakewood Police Department including safety tips and crime bulletins?

Follow us on Facebook, Twitter and Instagram.







@LakewoodPDCO

Letter from the mayor



Season for coming together

The fall colors have come and gone, and now we head into winter. It's a magical time for many, and there's lots to do and lots to see in Lakewood. Turn to page 8 to see the holiday happenings, and I hope you can take some time to enjoy all that Lakewood has to offer.

I'm pleased to share that City Council unanimously passed the 2020 budget. I want to thank the city staff, community members and council for their work on the budget. The 11-0 vote is impressive. I like to say that this is a nuts and bolts type budget. There's not a lot of flash, but it is a budget that's true to the core services a city must address: police, parks and potholes. The 2020 budget is heavy on public safety and will provide great updates and improvements for parks and open space. Learn more about the budget on page 5.

November has been busy.
Lakewood is coming off an election, and I would like to take a moment to reflect on it. First, I would like to thank Council member Pete Roybal for his dedicated service to our city. Pete was term-limited after representing Ward 3 for eight years. Pete is a veteran and worked hard to represent the many voices of those who have bravely served. We wish you the best and hope you will enjoy your meeting-free Mondays.

I would like to express my appreciation to those who ran and dedicated themselves to our community. It's a commitment and sacrifice, and we are grateful that you took the time to run and work for the future of our city. Please stay active!

I would like to welcome back those who were re-elected, Council members Charley Able, Sharon Vincent, Barb Franks and Dana Gutwein, and I would like to welcome our newest member Anita Springsteen who will be replacing Pete in Ward 3.

Lastly, I would like to thank the community for allowing me the

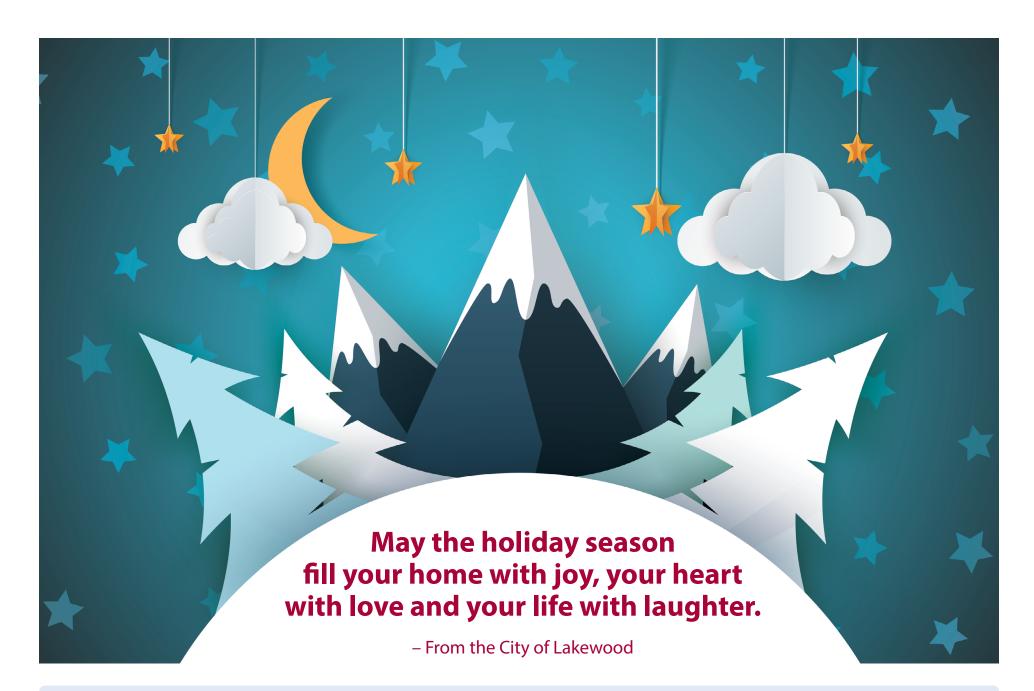
great opportunity to continue to serve as your mayor. It has been a tremendous honor, and I look forward to the next four years.

During the campaign I spoke with many people, and if I had to summarize one thing that I heard, it's that we all love Lakewood and care deeply for its future. It's with this spirit that I hope we can now come together to work to meet our challenges. We share common ground, and we have a unique opportunity, even when disagreeing, to be kind and civil and to have a willingness to meet in the middle to prove that government of the people, for the people and by the people is alive and well here in Lakewood. My pledge is to work to unite us by bringing the community together, and through this we will accomplish remarkable things.

Moving into 2020 we have a lot on our plate, and I invite you to join in the conversation. We need to tackle serious issues we face and make decisions about stormwater projects on West Colfax Avenue, investing in new open space opportunities, examining opportunities for affordable housing, continuing to work on development issues, enhancing blighted retail areas, working on issues related to homelessness and, most importantly, continuing to invest in public safety.

For some, this is "the most wonderful time of the year." For others, this can be a challenging time. Let's take a moment to reach out to our neighbors, to get to know one another and to help those in need so that we can all share in a blessed holiday season.

Adam Paul 303-987-7040 apaul@Lakewood.org





City Manager Kathy Hodgson | Looking@Lakewood is a newsletter published by the City of Lakewood, 480 S. Allison Parkway, Lakewood, CO 80226. It is distributed to all households and businesses in the city. Alternative formats of this publication are available upon request. | Editor Stacie Oulton, 303-987-7050 | Designer Paul Koob | Lakewood.org

Economic Development

Perks of modern employment

ith current low unemployment rates, today's companies are offering a variety of innovative job perks to better attract and retain employees. With more focus on employees' wellness, attitudes and retention than has occurred in previous generations, today's companies use benefits to increase worker satisfaction more than ever before.

Working remotely is one of today's perks because it allows employees to pick where they live. The number of people who work remotely is increasing, changing how employers interact with their employees and use office space. According to recently released data from the U.S. Census, 5.2% of workers in the country worked from home in 2017, which translates to about 8 million people. These numbers have led to an increase in coworking spaces, which allows remote workers to continue to connect with others while cutting office expenses for companies and offering flexibility.

One coworking option is Office Evolutions, and we visited its Belmar location to see this trend firsthand. These companies offer bright, cheery spaces with colorful walls along with numerous on-site services, creating a one-stop shop for a full range of business needs. This allows small to medium-sized businesses to use flexible leasing options that work best for their businesses. Phone answering, mailboxes, high speed internet and, of course, a fully stocked kitchen with an espresso machine are all included in the fee for the space. Community is a huge factor as well, offering a human

aspect to the workday for those with remote positions. A wide variety of professionals use coworking space including lawyers, real estate brokers, psychologists and even tattoo removal professionals.

Dog friendly workplaces also are increasing as a perk. Although not all work settings are appropriate for four legged friends, some employers recognize the benefits to employees and the company's bottom line. If employees are able to bring their pup to work, it encourages them to take walks at lunch instead of power working through the day or skipping lunch to rush home to care for a pet. The Centers for Disease Control and Prevention cites dozens of animal experts who report pets can lower blood pressure and cholesterol levels, as well as increase opportunities for exercise and socialization for their owners.

Wellness programs have become a popular addition to employer benefit programs. A study by the University of Louisville found that every \$1 invested in a wellness program generated \$7 in health care savings. The idea is a healthier, happier person makes a more productive employee, which benefits the employer's bottom line. An August 2017 study by the University of California Riverside found that companies offering employee wellness programs saw a significant gain in productivity among workers. The study also found that employees who participated in wellness programs improved productivity an average of one full workday per month. Numerous companies are following this advice including



Terumo BTC, which has its global headquarters in Lakewood and is the largest private employer in the city. In order to recruit and maintain talented employees, Terumo and other larger employers are providing an on-campus wellness center, gym and a fully stocked cafeteria, which encourage employees to use these amenities during the workday.

Companies are also ditching the typical vacation paid time off model and offering programs like unlimited vacation days, with a greater focus on encouraging work to get done rather than fulfilling a set number of work hours. Some organizations have even had to require employees to take vacations. U.S. workers left a record number of vacation days unused last year, equating to billions in lost benefits. According to research from the U.S. Travel Association, a total of 768 million days went unused in 2018, a 9% increase from 2017. Of those, 236 million were completely forfeited, which amounts to \$65.5 billion in lost benefits. Fifty-five percent of workers also reported that they did not use all their vacation days. If American workers used their time off to travel, the study says, the

economic value would equate to \$151.5 billion in additional travel spending that would create 2 million American jobs.

The workplace is everchanging, leading to the development of new programs and schedules for businesses to remain competitive in an evolving marketplace. Progress in the workplace continues to bring innovative ways to recruit and retain talent, and many of the perks are directly aimed at improving employee health and productivity.

Does your employer provide great perks? We'd love to hear about what your employer provides to improve job satisfaction.



Lakewood Economic Development Office 303-987-7730 ED@Lakewood.org

Welcowe to GRAND OPENINGS

LISTED BELOW ARE OPENINGS OF NEW LAKEWOOD BUSINESSES.

ASR Companies Inc 12600 W. Cedar Drive

720-320-4200

<u>CoreProgression.com</u>

Avenida Senior Living 11001 W. 15th Place

720-773-6605 AvenidaPartners.com

Cara Mia Nails

3140 S. Wadsworth Blvd., Suite 120 720-707-0676 CaraMiaNails.com

<u>Caraivilativalis.Com</u>

Edward Jones - Josh Caucutt 710 Kipling St., Suite 407 720-638-4231

EdwardJones.com

Elite Salon & Spa at Bear Creek

13701 W. Jewell Ave., Suite 106 303-985-9800

TheSalonAtBearCreek.com

Furry Friends Grooming

3214 S. Wadsworth Blvd. 303-989-2049 FurryFriendsCo.com

Latherhouse

7156 W. Alaska Drive 303-934-5700

<u>Latherhouse.com</u>

The Music Range

1520 Iris St.

<u>TheMusicRange.com</u>

Oak Street Station Apartments

1420 Oak St. 720-513-4323

<u>OakStreetStationApts.com</u>

PostureWorks

334 S. Teller St. 303-222-8091

Posture-Works.com/Denver

Sephora

351 S. Teller St. 303-547-1870 Sephora.com

To submit a listing, visit Lakewood.org/GrandOpenings.

ACTIVE

Registration Opens

Dec. 5 at 10 a.m.

Sign up for arts, parks and recreation classes and programs offered January through May 2020.

<u>Lakewood.org/CommunityConnection</u>

SAVE THE DATE:

Summer camp registration opens Feb. 13.

NEW! GlideFIT Drop-In Classes

Starts Jan. 5, Carmody Recreation Center pool

New for 2020, no registration is needed to take part in this aqua fitness class that uses floating mats for a full-body workout.

Lakewood.org/AquaFitness

NEW RELEASES!BODYPUMP and CXWORX

Jan. 11 and April 5, Carmody Recreation Center

FREE! Try Les Mills BODYPUMP (noon-1 p.m.) and CXWORX (1:15-1:45 p.m.) strength training workouts at these release launch events.

Lakewood.org/RecEvents

Denver Nuggets Skills Challenge

Jan. 25, Whitlock Recreation Center

FREE! Kids ages 6-13 compete in dribbling, passing and shooting. Registration opens Dec. 5: Activity #154904-01.

Lakewood.org/RecEvents

ARTS AND HISTORY

History Happy Hour: 50 Objects Online

Jan. 14, Lakewood Heritage Center

Get a look at Lakewood's historic artifacts. Casa Bonita and Broncos themes will make an appearance, among others. Registration opens Dec. 5: Activity <u>#17F6202</u>.

Lakewood.org/HistoryHH

Auditions: Night of the Stars Talent Show

Jan. 22 and 25, Lakewood Cultural Center

Youth in grades K-12 are invited to audition in music, variety, voice and dance categories. The show is on Feb. 7.

Lakewood.org/TalentShow

Guided Night Hike: Cold Full Moon

Purchase an annual pass, good for entry to the

visitor experience and protect resources for

park through Dec. 31, 2020. Your fees support the

Dec. 11

Registrants will be sent location information.

Leave those flashlights at home for this unique hiking adventure in the dark! Activity #359945.

<u>Lakewood.org/BCLPevents</u>

OUTDOORS

Dec. 1, Bear Creek Lake Park

generations to come.

Lakewood.org/BCLPpass

2020 Park Passes Available

Auditions: The Amazing Adventures of Robinson Crusoe

Jan. 27, Lakewood Cultural Center

Youth in grades K-12 can audition to be in a production co-presented by Missoula Children's Theatre. Performances are on Feb. 1.

Lakewood.org/MCT



2020 Camping Reservations Open

Jan. 2, Bear Creek Lake Park

Rent a campsite, yurt or cabin. Lakewood.org/Camping

NEW! Birding

Starts Jan. 28, Bear Creek Lake Park

On the last Tuesday of every month, search for birds with the help of a park naturalist. Registration opens Dec. 5: Activity #159951.

<u>Lakewood.org/BCLPevents</u>

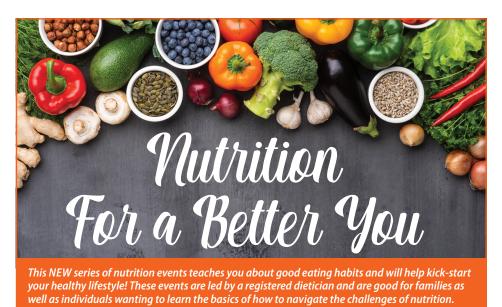


Dodie Thill, the first person to complete the fitness challenge, shows off her 50-class punch cards.

Fitness challenge inspires hundreds of residents to get active

In celebration of the city's 50th anniversary, Lakewood Recreation launched a yearlong fitness challenge called 50 and Going Strong. Throughout 2019, prizes have been awarded to participants who attend 50 sessions of any Lakewood fitness class.

A very dedicated participant won within the first three weeks! Dorothy "Dodie" Thill has been determined to focus on her health and wellness after undergoing multiple surgeries over the years. She started coming to multiple fitness classes a day and trying out new things. We're proud of you, Dodie — and all 925 challenge participants. Keep up the great work! Visit Lakewood.org/Fitness to view classes.



Registration opens Dec. 5 at 10 a.m.

<u>Lakewood.org/NutritionSeries</u>

NUTRITION 101 • Jan. 11 • Activity# 122611-01

This class is all about the basics of nutrition. You will get practical and easy suggestions on changes you can make to improve your health and lifestyle.

TRUTH OR MYTH: DIETS DEBUNKED • Jan. 25 • Activity# 122611-02

Separate fact from fiction when it comes to popular diets. Learn why long-term healthy habits and nutrition trends aren't mutually exclusive in this information packed session.

MEAL PLANNING • Feb. 8 • Activity# 122611-03

Learn helpful tips and tricks to create a flexible and adaptable meal plan that fits your needs and lifestyle.

GROCERY STORE TOUR • Feb. 22 • Activity# 122611-04Join in on this grocery store tour to learn how to make healthy and budget friendly

choices for you and your family.

FAMILY COOKING • March 7 • Activity# 122611-05

Learn how to cook quick, easy and healthy meals that the entire family can enjoy, without spending a lot of money. Ages 8 and up welcome.

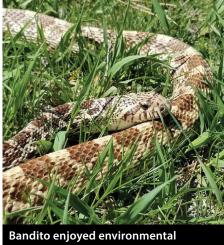
SENIOR COOKING • March 21 • Activity# 122611-06

This cooking demonstration will emphasize healthy and quick-to-make recipes that will promote good nutrition for seniors.

EATING FOR DIABETES AND HEART HEALTH • April 4 • Activity# 122611-07 In this class you will learn about the role of nutrition in relation to diseases such as

In this class you will learn about the role of nutrition in relation to diseases such as diabetes and cardiovascular disease.

\$5 resident / \$7 nonresident or register for the entire series for a discount. These sessions are free with certain services. Call 720-963-5366 for details.



Bandito enjoyed environmental enrichment while at the Bear Creek Lake Park visitor center.

Bandito the bullsnake will be missed by park staff and visitors

After 25 incredible years, Bear Creek Lake Park staff had to say goodbye to the exhibit bullsnake named Bandito who was born in captivity. Bandito touched the lives of countless children and adults who visited the park and provided enriching education experiences over his entire lifetime. Thanks for supporting and visiting over the years and thank you to park rangers and volunteers for ensuring that Bandito had excellent care and the very best quality of life until he died of natural causes. The visitor center will not be the same without him.

Next year's budget focused on safety and accessibility

The city's annual budget for 2020 focuses on public safety and improvements for sidewalks and trails while also continuing savings initiatives that take into account shifting shopping habits that affect the city's budget.

City Council approved the \$212 million budget in October after having two public hearings for public comment, and it is available for review at Lakewood.org/Budgets.

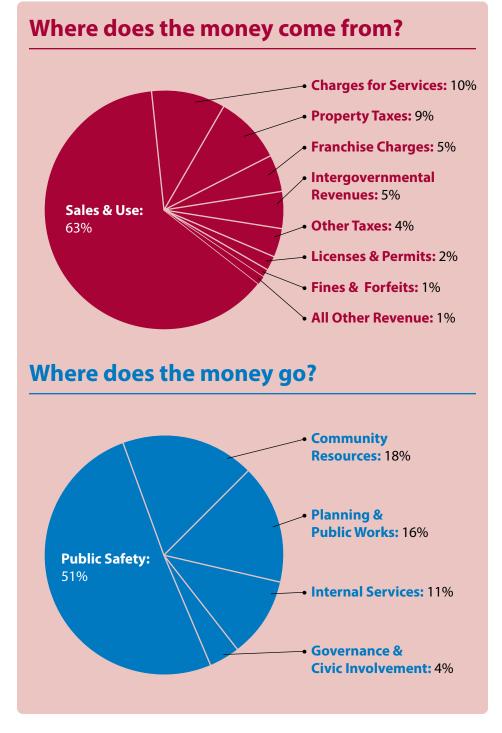
Next year's budget continues to invest in the Police Department with equipment and new recruits training to become agents to ensure that the city's police force is as effective as possible. The new recruits will add to the department graduating the largest-ever police academy of 28 recruits in 2019. The department will also have two new "navigator" positions focused on addressing homelessness by helping those in need navigate to situations with stable housing. These investments come in addition to the department expanding by more than 20 agents through budget increases for the police over the last four years.

The 2020 budget will also fund a renovation of the Bear Creek Greenbelt by repairing trails, enhancing wildlife habitat, adding signs and constructing a new soft-surface path parallel to the existing concrete shared-use path to help reduce conflicts among trail users. The greenbelt improvements are coming from a portion of the funds the city has been able to keep because Lakewood voters elected in 2018 to lift the budget limits

imposed by the Taxpayer's Bill of Rights (TABOR) through 2025. Lifting the TABOR limits has also made more than \$8.5 million available for park and open space purchases, and the City Council continues to work on where to spend these designated funds. Visit Lakewood.org/Budgets and look for "Projects paid for with TABOR funds" under the "budgets" tab to learn more.

Some of the other items in the budget include adding a sidewalk to enhance safety for Creighton Middle School students walking to school, replacing playgrounds and spending \$10 million for street repaving.

Even as these investments and improvements are made, the city will maintain its focus on spending less than what is outlined in the 2020 budget to ensure the city's finances remain stable. These savings help offset fluctuations in the city's "income" that pays for police, parks and other services for residents. The city's largest source of "income" comes from shoppers paying sales tax on their purchases in Lakewood. Sales tax including from online purchases is collected based on where the product is delivered, and the increasing popularity of buying online means that fewer shoppers from outside the city are coming to Lakewood stores to buy items. Instead, more sales tax revenue is flowing to the cities where the product is delivered, and this change makes the city's "income" from sales



How much do you know about the city's snow plan?



pid you know that during snowstorms, Lakewood deploys 28 snowplows to operate on a 24-hour schedule throughout the storm to work on the city's transportation system? Lakewood spends about \$1.3 million in a typical year on snow removal — or about \$8 per resident — with the goal of making driving in the city as safe as possible for the conditions.

During winter storms, the city's snowplows focus on maintaining the city's major streets, which are the arterials and major collectors. Crews begin plowing as soon as

any measurable snow accumulates on the pavement, and they will replow these streets as needed to accommodate the higher volume of traffic traveling on arterials and major collectors and to ensure access for emergency vehicles. Crews will remain on these Priority 1 streets until snow accumulation has slowed, the streets are cleared as much as possible and de-icing material for traction and melting has been applied where necessary. The city has 160 miles of Priority 1 streets, which include roadways such as Union Boulevard, Bear Creek Boulevard, West Alameda Avenue and West Jewell Avenue.

Priority 1 streets, however, do not include the state highways running through the city such as West Sixth Avenue, Interstate 70, Hampden Avenue and Wadsworth and Sheridan boulevards. The Colorado Department of Transportation plows these highways as well as West Colfax Avenue, Morrison Road and Kipling Parkway. To report concerns about snow conditions on these state highways, please visit CODOT. gov/topcontent/contact-cdot.

Once Lakewood crews have ensured that the Priority 1 streets are as clear as possible, they move on to Priority 2 and 3 streets, which are 125 miles of minor collector streets, hilly areas and school and shopping areas. But crews might have to stop plowing these streets to return to Priority 1 routes in certain weather conditions. A map of the Priority 1, 2 and 3 routes is available by calling 303-987-7950 or visiting Lakewood.org/SnowPlan.

In certain conditions, crews spray a light application of liquid anti-icing material that is similar to magnesium chloride on some arterial streets such as Union in preparation for a storm. This anti-icing material prevents snow from bonding to the pavement and makes plowing more effective.

Residential streets

Lakewood has about 205 miles of residential streets that are not part of the priority routes, and these streets are plowed only when snow depths are seriously impeding vehicle mobility and melting is not expected to occur quickly. Plowing residential streets costs a minimum of \$80,000 for each snowstorm, and the city considers the conditions and weather forecast before deciding whether to plow residential streets.

During major snowstorms or blizzards, residents can report concerns about unplowed city streets online through the winter storm page featured at Lakewood.org or by calling 303-987-7950. Because of the volume of calls during large snowstorms, the phone number only takes messages, and calls are not returned.

Sidewalks

After a winter storm, it often takes everyone working together to dig out, and residents are encouraged to help shovel for neighbors who are elderly or disabled. If you can provide snow shoveling assistance to individuals in your area, the city encourages you to organize an effort to assist your neighbors who may need some help.

Lakewood requires sidewalks and business driveways to be cleared within 24 hours after the end of a storm. Sidewalks left unshoveled create icy conditions that are hazardous to pedestrians, children walking to school and those in wheelchairs. Residents can report unshoveled sidewalks at Lakewood.org/RequestLakewood, the city's online customer service hub, or at 303-987-7975.

Snow should be shoveled into yards, not into the street, sidewalk, bikeway or against any fire hydrant or official traffic control device. While it's against the law to shovel snow into the street, it's just better to put it in yards because who wants more snow in the streets. This just creates icy buildup and hazardous conditions in the streets.

News from our partners in government

West Metro ARM Car: Better patient care

hen June Jones woke up one morning, the 98 year old wasn't feeling quite herself. She was in pain and having some trouble getting around her Lakewood home. Out of concern, June's granddaughter called 911.

What happened next was certainly unexpected. Instead of being taken to the emergency room, June got the attention and medical treatment she needed in the comfort of her own living room through a "house call" by West Metro Fire Rescue's Advanced Resource Medic (ARM) Car.

"She had quite a bit of anxiety about going to the emergency room and wondering if she did, when she would be able to come home," said Erin Jones, June's granddaughter. "This was an amazing experience that my grandmother could stay in her home."

The ARM Car program is a public-private partnership between West Metro Fire Rescue and Dispatch Health designed to treat nonemergency patients in place, saving health care costs and avoiding a trip to the hospital. The car is staffed with a West Metro advanced practice paramedic and either a Dispatch Health physician assistant or a nurse practitioner. With the staff's expertise and the



resources on board, the ARM Car is like urgent care on wheels.

The program debuted in May 2018. Since then, more than 400 patients have been treated, saving more than \$1 million in medical costs.

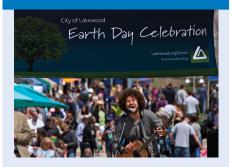
"The ARM Car is all about providing the most appropriate treatment we can in the most efficient manner. Not everyone who calls 911 needs to go to the emergency room. For those that don't, we can treat them where they are — at home or at work," said Kimel Brent, West Metro advanced practice paramedic. "The impact that we've made in patients' lives I think speaks for itself."

For the patients who've been

treated by the ARM Car staff, most have been incredulous when they're told they don't have to go to the hospital, and being treated at home really benefits older patients, especially those who might have Alzheimer's disease, in part because it is much more calming.

"I've been in health care for 15 years, first as a paramedic, now as a PA," said Erin Johnson, Dispatch Health physician assistant. "I've worked in a lot of different environments. This is the first time that I feel like I'm appreciated truly appreciated — and people are really gracious and excited about the service."

ART CONTEST



Calling all artists to help celebrate Earth Day

Give us your vision for Earth Day. Lakewood is looking for hometown artists to create the design for the city's annual Earth Day Celebration festival. The winning design will be used on posters, T-shirts and other promotional items, and the artist receives \$200.

Lakewood's Earth Day
Celebration will commemorate
the 50th anniversary of Earth
Day and demonstrate how
our community can continue
making a difference for the
next 50 years. The event will
bring the community together
on April 18, 2020, with music,
food, art, exhibits and activities
that increase environmental
awareness.

Submit a design by Jan. 13 at Lakewood.org/EarthDay.



THE BIG COUNT IS COMING!

Help Lakewood Count in Census 2020!

WHY IS IT IMPORTANT TO YOU?

Equal Representation

It's your constitutional right to be counted for fair representation in Congress, and an accurate count affects your representation in local government, too.

Better Community

Census data helps build our future. New roads, businesses, schools, emergency services and more depend on a complete count of residents.

Fair Funding

Census data determines the flow of millions of dollars of funding into the community to pay for needed programs and services. An accurate count of all residents ensures we receive our fair share.

Watch for your Census 2020 invitation — coming early next spring! Respond online, by phone or mail.

By law, your personal census data cannot be released to any other government or law enforcement agencies. It's safe, it's easy — and it's important.

MORE INFORMATION: Lakewood.org/Census



RECYCLING

RECYCLE STRINGS OF HOLIDAY LIGHTS!

November 29 - January 19 7 a.m. - 5 p.m.

Quail Street Recycling Center 1068 Quail St.

NO LOOSE BULBS ACCEPTED.

All types of holiday string lights accepted.

No ornamentation attached.

Sponsored by City of Lakewood's Environmental Services. For more information, visit <u>Lakewood.org/Recycling</u> or call **303-987-7190**.



Sustainable from pg. 1

the program and application process, attend an open house from 6 to 7:30 p.m. on Jan. 28 in the Orchard Room at the Lakewood Heritage Center, 801 S. Yarrow St. Applications will be available on Jan. 6 and are due by March 2. For more information, visit SustainableNeighborhoodNetwork. org/Lakewood.

Lakewood launched the
Sustainable Neighborhoods Program
eight years ago, and it has become
a model for other Front Range cities.
The program involves grassroots
efforts to provide residents the
opportunity to become active
partners in enhancing life in their
neighborhoods and reducing their
ecological footprints.

At the heart of the program are volunteer leadership teams in each neighborhood. These volunteers meet to brainstorm ideas that will resonate with and make a difference to their neighborhoods. They then coordinate initiatives and events for their residents. The city provides support in the form of printing, publications and staff time to assist with outreach and project development.

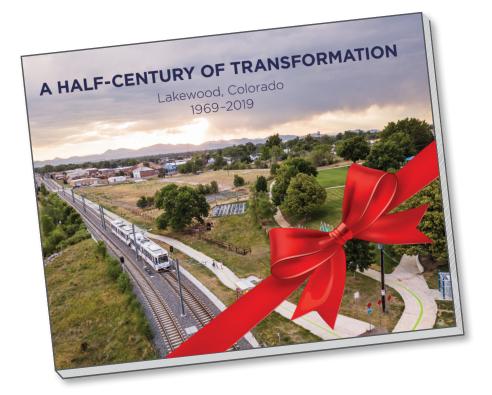
Neighborhoods can obtain city certification as either a Participating Sustainable Neighborhood or an Outstanding Sustainable Neighborhood by earning credits based on their workshops, projects, activities and events each year. Certification results in custom signs for the neighborhoods showing they are part of the program. The

current certified neighborhoods are Applewood, Belmar, Green Mountain, Eiber, Lake Lochwood, Morse Park, Southern Gables and South of 6th.

Applications for the program should demonstrate neighborhood support for joining the program and describe initial project ideas that cover a broad range of goals. They should also illustrate why each project idea is a good fit for the neighborhood and show how the program will serve as a catalyst for residents becoming involved in the neighborhood or increasing existing involvement. Identifying a leader or team of residents who are prepared to launch the program is also important.



For more information, please contact the Sustainability Division at 303-987-7524 or SustainableNeighborhoods@ Lakewood.org.



50th anniversary book makes great holiday gift

or the history buff in your household or a friend who loves Lakewood as much as we do, get them "A Half-Century of Transformation: Lakewood, Colorado, 1969-2019," Lakewood's commemorative book celebrating 50 years as a city.

For a limited time, we are offering a discounted price of \$29.95. Beginning Nov. 28 and running through the end of the year, take advantage of the discount to get your holiday gift list completed. To purchase, swing by Lakewood Heritage Center's 20th Century Emporium, 801 S. Yarrow St. Book purchases from the Emporium will include a free 50th anniversary commemorative gift. While you're there, visit the center's new exhibit, enjoy the festive decorations and find additional local gifts among the Emporium's retro-themed offerings.

The commemorative book is also available for purchase online at <u>Lakewood.org/Emporium</u>.

Inspiring work rewarded with mayor's award

Inspiration can be found all around if you're just willing to look. In Lakewood, the Mayor's Inspiration Award does just that, and the work and commitment of nine people and organizations received 2019 awards because of their contributions in community engagement, collaboration, inclusiveness, diversity, innovation and community impact. Learn more at Lakewood. org/MayorsAwards.

YOUTH

CONTRIBUTION OF ACTION

Girl Scout Troop #60418

Hungry to learn about ways to impact their community, the troop used the income earned from cookie sales to purchase items for people experiencing homelessness, assembled the goodie bags and organized delivery to the Lakewood Police Department for distribution by agents who work with those in need.

ORGANIZATIONS

CONTRIBUTION OF CIVIC-MINDEDNESS

Library to You Volunteers

Library to You Volunteers

These volunteers bring the library to folks who cannot leave their home by picking up prepackaged deliveries from Lakewood libraries and fill the technology gap by placing holds on publications for residents who lack computer skills. These volunteers are often the only personal contact in the resident's day, providing a valuable opportunity for interaction, connection and in some cases, intervention.

CONTRIBUTION OF CARING

Mommy Rocks, Deb Sanders

This organization has been serving new parents and their babies in the Lakewood community since 2002. It strives to support the bonding experience by providing rocking chairs and fitting new parents to the perfect chair to address their family's new needs.

INDIVIDUALS

CONTRIBUTION OF MENTORSHIP **Dave Adams**

Dave has been a volunteer leader for more than 25 years with Boy Scout Troop #537, mentoring and teaching Boy Scouts ages 11-18. He also served in other capacities in his community: Lakewood Junior Baseball Association; Boys and Girls Club; and Lakewood United Church of Christ. As a Lakewood Police agent, he was also an active member of the Police Athletic League. As a testament to his impact, dozens of Scouts earning their Eagle Scout

rank have presented him with a mentor pin for helping them throughout the program.

CONTRIBUTION OF EMPOWERMENT **Sandy Austin**

This high energy now-retired high school counselor at Green Mountain High School created the "Believe It or Not, I Care" team, which empowered high school students to reach out to other students going through similar tough times to let them know they are "seen," "valued" and "cared for" in hopes of preventing them from spiraling into more serious issues including suicide. Her work with B.I.O.N.I.C. teaches students in the community how to truly care for others.

CONTRIBUTION OF PASSION **Declan Costelloe**

As a voluntary program manager for Lakewood's Community Emergency Response Team (CERT), Declan trains residents on disaster response in the event that first responders aren't able to help immediately. CERT has trained over 200 people, thanks to his tenacity.

CONTRIBUTION OF AWARENESS

Kelly Cvanciger

This Bear Creek High School teacher collaborated with the Blue Spruce Lakewood Chapter of the Daughters of the American Revolution to make and deliver sensory bottles for the 25 Jeffco Public Schools with autism center-based programs. Sensory bottles

give people with autism something to focus on when their surroundings become overwhelming for them.

A CONTRIBUTION OF LOVE

Tammy Fisher

Tammy is on a mission to feed Lakewood families in need. She supplies 1,000 pounds of food weekly to the veterans living at 40 West Residences as well as people living in motels on West Colfax Avenue — all funded only by a couple of donors and herself. What makes her stand out is her love for the children in the motels by remembering them at Christmas and Easter, giving them new school clothes and supplies and taking them to a local swimming pool with donated passes.

CONTRIBUTION OF PERSISTENCE

James Fry

He founded Mean Street Ministry, which began when he started buying day-old sandwiches from 7-Eleven stores to share with people in need on West Colfax Avenue. That effort grew to him buying food and keeping it in his garage to deliver to the motels with his group of volunteers. After six years of visiting people in motels with food and other supplies, he officially started the ministry. Eighteen years later, the ministry is completely donor funded and has grown to include a food bank and a café.



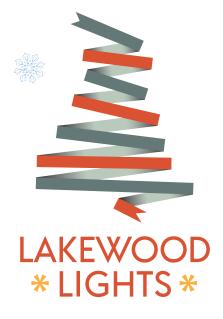
LCC PRESENTS **Timothy P. and the Rocky**

Mountain Stocking Stuffers

This toe-tapping holiday tradition is back — with four showtimes to choose from! Enjoy a holiday concert from some of the region's most prestigious bluegrass, country and folk musicians.

7:30 p.m., Dec. 6 2 p.m. and 7:30 p.m., Dec. 7 2 p.m., Dec. 8

Lakewood Cultural Center 470 S. Allison Parkway Lakewood.org/LCCPresents



Lakewood Lights

Kick off the holiday season with lights, music and merriment at Lakewood's annual free celebration. Join Green Mountain High School's Shadows of the Mountain Choir for the Mayor's Tree Lighting ceremony at 5:45 p.m. Friday only. Enjoy the glow of the spectacular light display, holiday activities in the historic buildings, free photos with Santa, hay wagon rides, hot cocoa, cookies and roasted chestnuts with merry live entertainment.

5:30-8:30 p.m., Dec. 6-7Lakewood Heritage Center 801 S. Yarrow St.

<u>Lakewood.org/HolidayLights</u>





Angel Tree

Lakewood Police Department's
Angel Tree at Colorado Mills Mall
near Target provides an opportunity
for residents to buy a present for a
Lakewood child in need by picking
an ornament from the tree and
returning the unwrapped present to
the department's office in the mall.
Agents deliver the gifts to children
who otherwise would not be able
to enjoy the Christmas season.
Donations must be made by Dec. 13.

5-9 p.m., Dec. 6

1-9 p.m., Saturdays 1-7 p.m., Sundays

Colorado Mills Mall 14500 W. Colfax Ave. 303-987-7105

LPDVolunteerCoordinator@ LakewoodCO.org

Caring Santa

Register for a private photo experience for children with special needs. The event provides the necessary adjustments to support the sensory, physical and other developmental needs of children of all abilities.

9:30-11 a.m., Dec. 8
Colorado Mills Mall
14500 W. Colfax Ave.
Simon.com/mall/colorado-mills/
news-and-events

Denver Figure Skating Team at The Rink

Denver Figure Skating Team glides, jumps and gives a stunning performance as part of Belmar's 15th season of ice skating at the coolest place in town. Open skating hours available through Jan. 5.

10:30-11:15 a.m., Dec. 8 The Rink at Belmar BelmarColorado.com

Denver Holiday Lights Tour

This older adults travel program for those age 55 and better costs \$5 and consists of a bus tour of Denver's most popular holiday light attractions including the State Capitol, Denver Zoo and other Denver landmarks.

6:30-8:30 p.m., Dec. 11Meet at Clements Center
1580 Yarrow St.

<u>Lakewood.org/HolidayEvents</u>

Christmas Cheer for Children

The Lakewood Police Department sponsors the Christmas Cheer for Children Program, which provides new gifts to children in need.

The program helps build positive relationships between the police agents and families they come in contact with. Cash donations and new, unwrapped toys, clothing and other gifts are accepted for children newborn through age 13. Clothing and hygiene items are accepted for children ages 14-17. If you wish, you can sponsor a child by contacting the department.

Through Dec. 13

Donations can be left at the Police Department, 445 S. Allison Parkway, and any Lakewood Recreation center. 303-987-7105

LPDVolunteerCoordinator@ LakewoodCO.org

Ugly Sweater Skate Night

Wearing the best of your worst provides half-price skating. **4-10 p.m., Dec.13**The Rink at Belman

The Rink at Belmar **BelmarColorado.com**

Friends of Paha

Pick up a donation tag on trees at Lakewood's four recreation centers to benefit the Friends of Paha, which supports Lakewood's programs providing recreation and other opportunities for children and young adults with disabilities.

Through Dec. 24
Lakewood Recreation centers
FriendsOfPaha.org

Washington Heights Annual Arts and Pottery Sale

This popular event allows you to pick up unique, handmade gifts while supporting local art.

10 a.m.- 4 p.m., Dec. 14Washington Heights Arts Center 6375 W. First Ave.

Lakewood.org/WashingtonHeights

Photos with Santa including pets

Professional photographers will capture a special visit with Santa, and pets are welcomed on Saturdays.

11:30 a.m.-6:30 p.m., Dec. 6-22 7260 W. Alaska Drive

BelmarColorado.com

Winter Solstice Celebration

Celebrate the first day of winter at Bear Creek Lake Park, starting with a guided night hike and concluding with a marshmallow roast around the campfire and the traditional burning of the yule log. Bring your own mug to enjoy a hot beverage.

6-8 p.m., Dec. 21
Bear Creek Lake Park
15600 W. Morrison Road
Lakewood.org/BCLPevents



Recreation Pass Stocking Stuffers

Pick up five-visit punch cards to Lakewood Recreation centers and pools. Just \$10 for youth/senior and \$15 for adults. Passes are good through Feb. 29, 2020.

Available for purchase through Dec. 24

Lakewood.org/RecPass

New Year's Eve at The Rink

Enjoy half-price skating to celebrate the new year.

11 a.m.-1 p.m., Dec. 31 The Rink at Belmar BelmarColorado.com

Colorado Mills & 40 West Arts District Partnership

Colorado Mills is proud to partner with the 40 West Arts District to bring the community unique pieces created by local artists.

Through Dec. 31, 2020
Colorado Mills Mall
14500 W. Colfax Ave.
Simon.com/mall/colorado-mills/
news-and-events

