

# Youth Specialty

## BABYSITTING

Information: 303-987-5423

### AMERICAN RED CROSS BABYSITTING

This Training Certification Course prepares youth to safely and responsibly care for themselves and/or other children in the absence of parents or guardians. Please bring a sack lunch. Babysitter's handbook and materials included in class fee.

Ages: 11 and up

\$75 resident, \$89 non-resident

Activity #	Date	Day	Time	Loc
146001-01	Jan 16	Sat	9:30 am-4:30 pm	LINK
146001-02	Feb 20	Sat	9:30 am-4:30 pm	LINK
146001-03	Mar 20	Sat	9:30 am-4:30 pm	LINK
146001-04	Apr 17	Sat	9:30 am-4:30 pm	LINK
146001-05	May 15	Sat	9:30 am-4:30 pm	LINK

## EDUCATION

Information: 303-987-5423

### FRENCH FOR FUN

Learn the very basics of French through the things children naturally love- art, music and other creative crafts. Children learn quickly at this age and this is a great opportunity to introduce them to language. Parent /Caregiver participation required.

Ages: 3-4

Instructor: Blandine MacLean

\$59 resident, \$75 non-resident

Activity #	Date	Day	Time	Loc
146103-01	Jan 5-26	Tue	10:30-11:15 am	LINK
146103-02	Feb 2-23	Tue	10:30-11:15 am	LINK
146103-03	Mar 9-30	Tue	10:30-11:15 am	LINK
146103-04	Apr 6-27	Tue	10:30-11:15 am	LINK
146103-05	May 4-25	Tue	10:30-11:15 am	LINK

### SOCIAL SKILLS GROUPS

Some children struggle to form meaningful connections with their peers. We use research-proven instruction using team activities, group discussion, role-play and other fun activities to address the following skills: Friendship Skills, Coping and Calming Skills, Focus and Attention, Self-Esteem and Self Confidence, and Conflict Resolution. Classes are taught by an Education and Behavior Consultant with a Masters Degree and/or teaching credential in Special Education or related field.

Instructor: Kerry Diener

\$109 resident, \$135 non-resident

Ages: 5-8

Activity #	Date	Day	Time	Loc
146101-01	Jan 11-Feb 15	Mon	4:15-5 pm	GMRC
146101-03	Mar 1-Apr 12	Mon	4:15-5 pm	GMRC
146101-05	Apr 19-May 24	Mon	4:15-5 pm	GMRC

(No class Apr 5)

Ages: 9-11

Activity #	Date	Day	Time	Loc
146101-02	Jan 11-Feb 15	Mon	5-5:45 pm	GMRC
146101-04	Mar 1-Apr 12	Mon	5-5:45 pm	GMRC
146101-06	Apr 19-May 24	Mon	5-5:45 pm	GMRC

(No class Apr 5)

## CHILDRENS ETIQUETTE AND DINING

These fun and informative programs will serve as building blocks for children by teaching confidence and self-esteem for dining, grooming, telephoning, conversing, meeting and introducing people. \$5 materials fee required at class.

Ages: 7-11

Instructor: Deborah Godkin

\$55 resident, \$69 non-resident

Activity #	Date	Day	Time	Loc
146105-01	Apr 11	Sun	noon-2 pm	GMRC

### ETIQUETTE AND DINING FOR TEENS

These fun and informative programs will serve as building blocks for teens by teaching confidence and self-esteem for dining, dating, grooming, telephoning, conversing, meeting and introducing people. Teens will also cover employment etiquette. \$5 materials fee required at class.

Ages: 12-16

Instructor: Deborah Godkin

\$75 resident, \$89 non-resident

Activity #	Date	Day	Time	Loc
146111-01	Apr 11	Sun	2:30-5 pm	GMRC



**NIGHT of the STARS**  
TALENT SHOW

*hosted by The Link Project*

**Compete in  
voice, dance, or variety**

**Audition Date: March 5, 2010**  
*Limited Spaces Available!*

**Must also be available March 21, if your act is chosen to go on  
to the Local Competition at the Lakewood Cultural Center**



**For more information, please call 720-963-5384  
or email JenBak@Lakewood.org**

# Youth Specialty

## MUSIC

Information: 303-987-5423

### MUSIC TIME

Music making is a natural part of growing up. Children of all ages love to sing, move, and play instruments. Music Time classes provide a musically stimulating, developmentally appropriate environment in which children are introduced to musical skills such as steady beat, dynamics, rhythm and melody while simultaneously working on social and cognitive skills. Classes are taught by Sarah Billerbeck, B.S., Music Education. Parent /Caregiver participation required.

### MUSIC TIME BABIES AND TODDLERS

Ages: 6 months-2

Instructor: Sarah Billerbeck

\$65 resident, \$79 non-resident

Activity #	Date	Day	Time	Loc
146202-01	Jan 13-Mar 3	Wed	9:30-10:15 am	CARM
146202-02	Mar 17-May 12	Wed	9:30-10:15 am	CARM

(No Class Mar 31)

### MUSIC TIME PRESCHOOL

Ages: 2-4

Instructor: Sarah Billerbeck

\$65 resident, \$79 non-resident

Activity #	Date	Day	Time	Loc
146201-01	Jan 13-Mar 3	Wed	10:30-11:15 am	CARM
146201-02	Mar 17-May 12	Wed	10:30-11:15 am	CARM

(No Class Mar 31)

## Patron Profile

Tina Mahoney, Lakewood Resident

**M**y name is Tina Mahoney. I am 45 years old, a native of Colorado and a resident of Lakewood for the past 32 years. I took my first aerobics class at age 16 at Green Mountain Recreation Center and have been enjoying classes ever since. Along the way I have taken jazzercise, punch aerobics, tai chi, yoga and, just recently, my first rock wall climbing class. Before I married, my husband and I played racquetball regularly and now after 22 years of marriage we enjoy the guided hikes at Bear Creek Lake Park. I started my son, who is now 21, in Lakewood recreation activities when he was only 18 months old. As he grew older we participated in arts and crafts classes during the hot days of summer vacation. Whether it has been to relieve stress or just add a fun new activity to my exercise regime, I feel very blessed to live in a city that offers the myriad of activity opportunities at such reasonable prices.



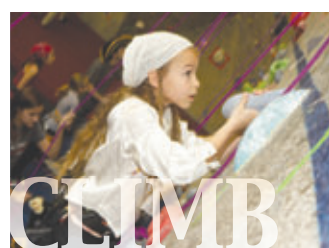
# BIRTHDAY PARTIES



## SWIM

Ahoy Matey! Bring the kids down to the Lakewood Link where they can play in the Pirate Ship, slide down slides and fire water cannons.

Ages 12 & under. Fees vary depending on package choice. For more information call 303.987.5400



## CLIMB

Instead of hanging around your back yard, show the kids what hanging out is really about on the Indoor Rock Climbing Wall.

Ages 3-12. Fees are \$120 for up to 12 climbers (\$10 for each additional child). For more information call 303.987.5423

The kids will go head over heels for a gymnastics party with all the equipment they need to flip, twist, jump and release all that extra cake energy.

Ages 2-12. Fees are \$120 for up to 12 participants (\$10 for each additional child). For more information call 720.963.5384



## FLIP

Do you have budding athletes in your house that love sports? They can have a sport be the theme of their entire party.

Ages 3-12. Fees are \$120 for up to 12 participants (\$10 for each additional child). For more information call 303.987.5422



## SPORTS