

Rock Climbing

YOUTH

Information: 303-987-5430

CLIFF HANGERS

They've been climbing trees, boulders, couches and counters, now it's time for the Rock Wall! In a safe and comfortable environment, Lakewood's trained and experienced rock climbing staff will teach your child the basic skills and techniques of rock climbing. Parent participation is encouraged. All gear is provided.

Ages: 3-6

\$39 resident, \$55 non-resident

Activity #	Date	Day	Time	Loc
130203-01	Dec 29-Jan 19	Tue	4-5 pm	CWRC
130203-02	Jan 7-28	Thu	4-5 pm	LINK
130203-03	Feb 2-23	Tue	4-5 pm	CWRC
130203-04	Feb 4-25	Thu	4-5 pm	LINK
130203-05	Mar 9-30	Tue	4-5 pm	CWRC
130203-06	Mar 11-Apr 1	Thu	4-5 pm	LINK
130203-07	Apr 13-May 4	Tue	4-5 pm	CWRC
130203-08	Apr 15-May 6	Thu	4-5 pm	LINK
130203-09	May 18-Jun 8	Tue	4-5 pm	CWRC

LEARN TO ROCK CLIMB

Are you an adventurer and looking for a challenge? Learn the essential skills and techniques needed to begin rock climbing. Lakewood's trained and experienced staff will provide great instruction, a comfortable and safe environment, and climbing gear. Wear loose, comfortable clothing.

Ages: 6-13

\$45 resident, \$59 non-resident

Activity #	Date	Day	Time	Loc
130205-01	Jan 2-23	Sat	10-11:30 am	LINK
130205-02	Feb 6-27	Sat	10-11:30 am	LINK
130205-03	Mar 13-Apr 3	Sat	10-11:30 am	LINK
130205-04	Apr 17-May 8	Sat	10-11:30 am	LINK
130205-05	May 22-Jun 12	Sat	10-11:30 am	LINK

PARENT/CHILD CLIMB

Are you ready to share an awesome adventure with your child? The opportunity has come for you and your child to learn the fundamentals of rock climbing in order to start enjoying this challenging and fun sport. Wear loose, comfortable clothing. Gear is provided. Parents are free with a registered child.

Ages: 6-12

\$45 resident, \$59 non-resident

Activity #	Date	Day	Time	Loc
130204-01	Dec 28-Jan 18	Mon	5-6:30 pm	CWRC
130204-02	Feb 1-22	Mon	5-6:30 pm	CWRC
130204-03	Mar 8-29	Mon	5-6:30 pm	CWRC
130204-04	Apr 12-May 3	Mon	5-6:30 pm	CWRC
130204-05	May 17-Jun 14	Mon	5-6:30 pm	CWRC

YOUTH CLIMBING CLUB

Advance your climbing skills in a non-competitive, fun environment with other peers and Lakewood's rock climbing instructors. Use the climbing club pass to climb at either of Lakewood's walls during open hours. Gear is provided. MUST REGISTER IN PERSON AT THE LAKEWOOD LINK RECREATION CENTER!

Ages: 6-15

1 month: \$35 resident, \$35 non-resident

3 month: \$85 resident, \$85 non-resident

Monday

Activity #	Date	Day	Time	Loc
1-month				
130213-01	Jan 4-25	Mon	5:30-7 pm	LINK
130213-02	Feb 1-22	Mon	5:30-7 pm	LINK
130213-03	Mar 1-29	Mon	5:30-7 pm	LINK
130213-04	Apr 5-26	Mon	5:30-7 pm	LINK
130213-05	May 3-24	Mon	5:30-7 pm	LINK
3-month				
130213-07	Jan 4-Mar 29	Mon	5:30-7 pm	LINK
130213-09	Mar 1-May 24	Mon	5:30-7 pm	LINK

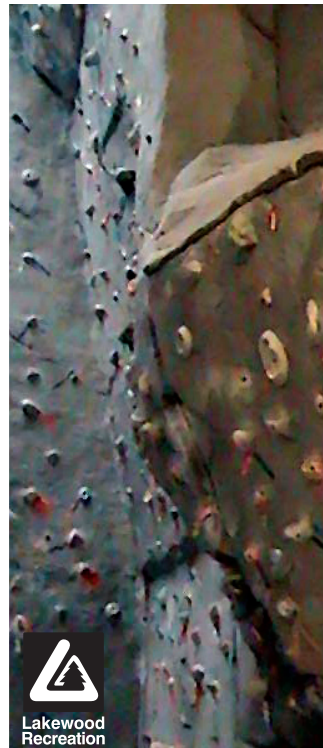
Thursday

Ages: 6-15

1 month: \$35 resident, \$35 non-resident

3 month: \$85 resident, \$85 non-resident

Activity #	Date	Day	Time	Loc
1-month				
130214-01	Jan 7-28	Thu	5-6:30 pm	LINK
130214-02	Feb 4-25	Thu	5-6:30 pm	LINK
130214-03	Mar 4-25	Thu	5-6:30 pm	LINK
130214-04	Apr 1-29	Thu	5-6:30 pm	LINK
130214-05	May 6-27	Thu	5-6:30 pm	LINK
3-month				
130214-07	Jan 7-Mar 25	Thu	5-6:30 pm	LINK
130214-09	Mar 4-May 27	Thu	5-6:30 pm	LINK



Lakewood Climbing Walls

Lakewood Link

Visit our climbing wall with over 2,000 square feet of climbing surface featuring both lead and top roped routes. Test your skills at any level!

4-9 pm, Mon-Wed

9 am-5 pm, Sat

11 am-5 pm, Sun

Information: 303•987•5400

Whitlock Center

Our indoor climbing wall is 30 ft. high with approximately 1200 square ft. of climbing surface including top ropes and bouldering, with natural features throughout.

4-8 pm, Wed, Thur

Noon-8 pm, Fri

9 am-5 pm, Sat

Information: 303•987•4800



Lakewood
Recreation

Rock Climbing

YOUTH CLIMBING TEAM

Come join the fun and excitement, training with Lakewood's climbing instructors and competing with other local youth climbers. All levels of climbers are welcome. Two nights of training per week at the Link Climbing Gym, a free Lakewood Climbing Pass for each session you register and a Lakewood Youth Climbing Team t-shirt. If you sign up for all 4 sessions, we will pay for your competitions. As this is a competitive team, all participants must know how to belay. **MUST REGISTER IN PERSON AT THE LAKEWOOD LINK RECREATION CENTER!**

Ages: 6-18

1 month: \$65 resident, \$65 non-resident

4 month: \$219 resident, \$219 non-resident

Activity #	Date	Day	Time	Loc
130216-01	Jan 4-27	Mon,Wed	7-8:30 pm	LINK
130216-02	Feb 1-24	Mon,Wed	7-8:30 pm	LINK
130216-03	Mar 1-31	Mon,Wed	7-8:30 pm	LINK
130216-04	Apr 5-28	Mon,Wed	7-8:30 pm	LINK
130216-06	May 3-26	Mon,Wed	7-8:30 pm	LINK
4-month				
130216-05	Jan 4-Apr 28	Mon,Wed	7-8:30 pm	LINK

KRAZY KIDZ CLIMBING CAMP

Join Lakewood's experienced rock climbing staff for a spring break packed with FUN and ADVENTURE! Mon - Wed are spent indoors fine tuning your climbing skills in order to take what you've learned to the outdoors on Thurs and Fri at North Table Mt. in Golden. Indoor times are from 9am-noon and outdoor times are 9am-3pm.

Ages: 6-18

\$119 resident, \$149 non-resident

Activity #	Date	Day	Time	Loc
130300-01	Mar 29-Apr 2	Mon-Fri	9 am-noon	LINK

ADULT

Information: 303-987-5430

CLIMBING FOR WOMEN

It's time to start having FUN while getting fit, building confidence and experiencing an adventure. If you're up for this challenge, rock climbing is for you! Learn the basics of rock climbing or improve your climbing skills and techniques in an encouraging, female environment. Gear is provided. Tuesday class suggested for beginners.

Ages: 14 and up

\$49 resident, \$65 non-resident

Activity #	Date	Day	Time	Loc
130206-01	Dec 29-Jan 19	Tue	6-7:30 pm	CWRC
130206-02	Jan 7-28	Thu	6-7:30 pm	LINK
130206-03	Feb 2-23	Tue	6-7:30 pm	CWRC
130206-04	Feb 4-25	Thu	6-7:30 pm	LINK
130206-05	Mar 9-30	Tue	6-7:30 pm	CWRC
130206-06	Mar 11-Apr 1	Thu	6-7:30 pm	LINK
130206-07	Apr 13-May 4	Tue	6-7:30 pm	CWRC
130206-08	Apr 15-May 6	Thu	6-7:30 pm	LINK
130206-09	May 18-Jun 8	Tue	6-7:30 pm	CWRC
130206-10	May 20-Jun 10	Thu	6-7:30 pm	LINK

ALL AGES

Information: 303-987-5430

"NO BOUNDARIES" ROCK CLIMBING

Experience the adventure of rock climbing for individuals with disabilities. Overcome perceived limitations as you strive to reach the top of the Lakewood Link's 20ft climbing wall. Join Lakewood's experienced rock climbing staff and R.I.S.E. Program staff in a new and exciting adventure. Bring the entire family to learn the basics in order to enjoy this activity together! Fee covers all family members. Pre-registration is required. Climbing gear is provided. All participants must fill out a Participant Information Form and Release of Liability/Orientation Form.

Ages: 3 and up

\$19 resident, \$29 non-resident

Activity #	Date	Day	Time	Loc
130219-01	Jan 8	Fri	5:30-7:30 pm	LINK
130219-02	Jan 22	Fri	5:30-7:30 pm	LINK
130219-03	Feb 12	Fri	5:30-7:30 pm	LINK
130219-04	Feb 26	Fri	5:30-7:30 pm	LINK
130219-05	Mar 12	Fri	5:30-7:30 pm	LINK
130219-06	Mar 26	Fri	5:30-7:30 pm	LINK
130219-07	Apr 9	Fri	5:30-7:30 pm	LINK
130219-08	Apr 23	Fri	5:30-7:30 pm	LINK
130219-09	May 14	Fri	5:30-7:30 pm	LINK
130219-10	May 28	Fri	5:30-7:30 pm	LINK

ROCK CLIMBING CLINIC

Want to learn the basics of rock climbing but have trouble fitting in a multi-day class? Then join us in this 3 hour class that is designed to teach you all the basic skills needed to get you climbing on the wall! All gear is provided

Ages: 15 and up

\$29 resident, \$39 non-resident

Activity #	Date	Day	Time	Loc
130209-01	Jan 8	Fri	5-8 pm	CWRC
130209-02	Feb 5	Fri	5-8 pm	CWRC
130209-03	Mar 5	Fri	5-8 pm	CWRC
130209-04	Apr 2	Fri	5-8 pm	CWRC
130209-05	May 7	Fri	5-8 pm	CWRC

ROCK STEADY 5 - CLIMBING COMPETITION

Rock Steady 5, "Staying Alive", is Lakewood's fifth annual rock climbing competition hosted at the Lakewood Link Recreation Center. The youth competition is separate from the adult competition for ages 6-14 and all levels. The adult competition, including Beginner (up to 5.9), Intermediate (up to 5.10+), Advanced (up to 5.12) and Open (5.11-up and lead) divisions, is for ages 15 and up and all youths that can climb 5.11 can enter adult advanced.

Ages: 6 and up

\$20 Early registration, \$30 Registration day of competition

Category	Activity #	Date	Day	Time	Loc
Recreation	130218-01	Feb 6	Sat	1:30-5 pm	LINK
Intermediate	130218-02	Feb 6	Sat	1:30-5 pm	LINK
Advanced	130218-03	Feb 6	Sat	1:30-5 pm	LINK
Open	130218-04	Feb 6	Sat	1:30-5 pm	LINK
Youth (6-10 yr)	130218-05	Feb 6	Sat	10 am-1:25 pm	LINK
Youth (11-14 yr)	130218-06	Feb 6	Sat	10 am-1:25 pm	LINK