

# MSSP BASKETBALL RULES

Current High School rules will be used in conjunction with the following:

## GAME REGULATIONS

1. Games will be played in two 16-minute halves.
2. Half-time will last five minutes (unless games are running behind).
3. No full-court press.
4. If a team is leading by 15 or more points, at any time during the game, that team must pass the ball at least 3 times before attempting a shot.
5. No overtime; games will end in a tie.
6. If the teams are wearing the same color uniforms, the home team will wear pennies.
7. Five minute warm-ups are allowed between games.
8. The clock will run and only be stopped for free throws and timeouts. In addition, stop clock will be in effect during the final two minutes of the game **only** if the score differential is 10 or less. Do not stop the clock for substitutions and/or out of bounds.
9. Two time-outs are allowed per half.
10. Each player is allowed 5 personal fouls.
11. The bonus shot will be awarded on the 7th team foul of each half.
12. Teams **MUST** remain grade specific. Low enrollment will require a team to be composed of 7<sup>th</sup>/8<sup>th</sup> grade players. When this occurs, the combination 7<sup>th</sup>/8<sup>th</sup> grade team will play a doubleheader using all players both games. So, it is a possibility to have a 7<sup>th</sup> grade team playing a combination team that has 8<sup>th</sup> graders. If a double header occurs with minimal players on one combo team, please extend timeouts and make the games short in length to ensure both games can be played.
13. Teams need to provide a roster with each player's jersey number to the opposing coach/scorekeeper prior to each game. Home schools are responsible for tracking/recording player/team fouls.

## PLAYING TIME

14. All players must be given equal playing time during games.
15. Substitutions may be done at a dead ball. It is important that you get the officials attention before subbing.
16. The goal is to play all players as much as possible.

## PLAYER AND COACH CONDUCT

17. All participants and coaches, both on and off the court, will be assessed a technical foul and/or asked to leave the facility for the following: unsportsmanlike conduct, arguing with, yelling at or belittling the officials, foul language and any unsuitable behavior. Additional penalties will be at the discretion of the Coach or MSSP Director.
18. Spectators will be assessed a technical foul and/or asked to leave the facility for unsportsmanlike conduct, arguing with, yelling at or belittling the officials, foul language and/or any other unsuitable behavior. Additional penalties will be at the discretion of the Coach or MSSP Director.
19. Any player assessed a technical foul during the game must be removed from the remainder of the game. If a player receives two technical fouls in during the season, they will be removed from the league for the remainder of the season.
20. Two technical fouls against a team will result in a forfeit.
21. Technical fouls will result in awarding the opposing team 2 free throws and possession of the ball at half court. Any technical during a game will need to be recorded by the home team coach(es) and reported to their direct MSSP Coordinator by the following day.
22. All players not in the game must remain on the bench at all times.
23. Flagrant fouls and/or aggressive physical contact will **NOT** be tolerated; it will result in immediate suspension from the game.
24. MSSP t-shirts are **NOT** to be altered in any way. Participants will **NOT** be allowed to participate with an altered t-shirt. Players are not allowed to participate in games without an MSSP t-shirt. Players caught exchanging MSSP t-shirts will be disqualified from the games.
25. Shirts **MUST** be tucked in. Athletic shorts/pants only. No jeans permitted.
26. Chewing gum and/or wearing jewelry of any sort (bobby pins, hard hair clips, etc.) are **NOT** permitted and will result in a personal foul for that player. Soft hair material accessories only.
27. Appropriate gym shoes are required (non-marking soles).
28. Participants/players are **NOT** permitted within the schools, locker rooms or outside the gym without a coach or parent supervision. Opposing players may not enter a facility's restroom/locker room at the same time without adult supervision. Failure to comply with this rule could result in team suspension from the league.
29. Coaches/teams are responsible for cleaning their bench area following each game.

## OFFICIALS

30. Officials will be provided by MSSP and have the authority to ask spectators/players to leave the facility if they are not abiding by rules.
31. Home teams must provide scorekeepers. Adult supervision is preferred.