

CARMODY

Recreation Center

720-963-5360

*Please join us
Thanksgiving Day*



Thursday, November 26th

5:15 a.m.- 11:00 a.m.

Pool Hours 6:30 - 10:30 a.m.

Yoga 8 - 9 a.m.

Body Pump Class 8 - 9 a.m.

(pre-sign up recommended)



Lakewood
Recreation

Admission: \$2 with a food donation